

## ***Good afternoon, Royston El community!***

Here is your week ahead for Dec 1-5, 2025.



And for those wanting the "quick hits" for the upcoming week:

### **School News**

- **ON Monday December 1<sup>st</sup>, our bell schedule changes by 5 minutes. School starts at 8:30 precisely!**
- **Volleyball** - Wed Dec 3rd – “Experienced” Volleyball Playoff Tournament at Lake Trail. **First game begins at 2:00pm.**
  - Royston Selects (going to Lake Trail) – This team will be finalized on Tuesday.
  - Any players not attending will play in the Royston “Volleyball Challenge Tournament” at 2<sup>nd</sup> recess on Wednesday. All players attend.
- **Royston Winter Concert – Save the date –**
  - **Dec 17<sup>th</sup> 1:00pm / 6:00pm**
- **EDAS -Everybody Deserves a Smile**
  - Several classes at our school are participating in the EDAS project - Everybody Deserves a Smile. Student are designing card packages and cards.
  - We are one of 22 school communities participating in this project. The goal is to hand out handcrafted care packages to 1500 people living in difficult circumstances this Christmas.

- The care packages will include: a hand decorated card, a pair of wool socks, a toothbrush, toothpaste, a bar of soap, a toque, a scarf, and a bag of homemade sugar cookies.
- As part of the project, we are inviting families to consider donating wool socks (Sizes- Men and Non-binary = XL; Women = M), toques or scarves. Donations can be brought to the school office, or folks can consider e-transferring a donation to [Donate2ComoxValley@edas.ca](mailto:Donate2ComoxValley@edas.ca)

### **PAC News**

- **Royston PAC Winter Market this Sunday, Nov 30 10-3PM**
  - Photos with Santa, haircuts, ear piercing and more!
- **Last Chance for Royston PAC Store**
  - Orders close November 30th. We have some amazing gift items from local vendors including Hot Chocolates, Hornby Island Tea, Yumm Numms Freeze Dried Candy and more
  - <https://royston-elementary-pac.square.site/>
- **Next PAC Meeting - Wednesday DEC 10<sup>th</sup> at 6:30PM**
  - All parents are welcome! We offer free childcare.

### **District News**

### **Community News**

### **Social Emotional Learning**

#### **Social Emotional Learning**

*"Every child deserves a champion" Rita Pierson*

Tips for connecting with your child and helping them recognize, understand, label, express, and regulate their emotions.

- Allow children to feel their emotions and work through them

- Ask questions and let children (especially preteens and teenagers) know that they can come to you with any problem or issue
- Don't judge or take behaviour personally
- Celebrate their achievements and support them when they fail
- Allow them opportunities to develop age-appropriate resiliency
- Actively listen and show them that their concerns are important even if they seem trivial to you
- Don't label your child or speak about their character to others in front of them
- Seek assistance when you don't have the answers
- Greet your child with excitement when you see them at the end of their day
- Speak with respect
- Get to know their friends and the things that are important to them
- Tell them you love them, often, even when they make mistakes



Thanks everyone - have a great weekend,

Lee McKillican and Char Siddon 😊

