

**Good afternoon, Royston EI community!**

Here is your week ahead for Oct 27 - 31, 2025



And for those wanting the "quick hits" for the upcoming week:

**School News**

- If you have not paid the \$25.00 School supplies fee, please do so now.  
**School fees \$25.00 - cash, cheque, or e-transfer to [royston@sd71.bc.ca](mailto:royston@sd71.bc.ca)**
  - This fee covers the cost of school supplies (already bulk purchased here at the school). Please contact me if you have concerns about this payment as we do have access to some funding support.
- 2. Canadian School Library Month initiatives for the week of October 27-31 (next week).
  - October is **Canadian School Library Month**, and to celebrate the valuable role libraries play in students' lives, Royston will be doing a 'Drop Everything and Read' (DEAR) for 15 minutes on Thursday, October 30th. The goal is to have everyone in the school reading at the same time!
  - Additionally, each teacher received bookmark templates for students to decorate with a library theme. One winner will be chosen from each class - and these bookmarks will be printed for everyone in that class.
  
- Only one more Cross Country meet!
  - **Upcoming Cross-Country events**
    - Monday, October 27 – at Ecole Puntledge Elementary

Commented [LM1]:

**Volleyball begins this week for grade 4-6 students with our first practices. We will have 2 teams this year (Experienced and Beginner).**

- Wed Oct 29<sup>th</sup> -Gr 6 team at Lake Trail / Beginner Gr 5 team at Brooklyn

Parent drivers are always needed. To be a parent driver we will need the following in our files:

1. Criminal record Check (every 5 years)

2. Driver's Abstract (yearly) See link below
  - a. <https://www.icbc.com/driver-licensing/getting-licensed/Your-driving-record>
3. Copy of your Driver's Licence (yearly)
4. Copy of your insurance policy (yearly)

Please connect with our office for support

### **PAC News**

- **Halloween Dance is October 29<sup>th</sup>**
- We hope to see you all there! Entry is \$5/family. We will have pizza, snacks, drinks and plenty of goodies for sale. **New this year!** A Family pack that includes a pizza, four drinks and a plate of goodies for \$40.
- Parents *must* attend with their kids.
  
- We are looking for help with baking, shopping, setting up, concession and clean up! Please email [roystoneipac@gmail.com](mailto:roystoneipac@gmail.com) if you are able to help.



- **GUNTER BROS Fundraiser - October 17 - 31<sup>st</sup>**
  - It's a great opportunity to stock your freezers with high quality local meat. This is an excellent fundraiser for our PAC as we get \$10 for every box of meat and \$5 for every box of pepperoni sold.
  - Orders are available online through Hot Lunches at <https://royston.hotlunches.net> **until 5pm on Sunday October 31st.**
  - **Important Note:** If your order is more than \$500, please email [roystonehotlunch@gmail.com](mailto:roystonehotlunch@gmail.com) and we will send you payment instructions (there is a maximum in the Hot Lunch system).
  - An email with pick up instructions will be sent out when we have a confirmed pick-up date. If you're not able to pick up your order at that date and time, we ask that you make arrangements for someone to pick up the order on your behalf. We are unable to safely store the frozen meat past the set pick up date and time.

- **Don't Forget - PAC Email Signup!**
  - Stay up to date with PAC News, please sign up by clicking on this link: [SIGN UP NOW](#)
- **Next PAC Meeting - Wednesday Nov 12th at 6:30PM**
  - All parents are welcome! We offer free childcare.

## **District News**

### **Accessible Hallowe'en!**

Join us on Moralee Drive in Comox for our 4th annual Accessible Hallowe'en. Sensory-friendly trick-or-treating on October 31st, beginning late afternoon. Treats handed out at street level so no need to navigate paths and driveways. Neighbours committed to avoiding bright blinking lights and loud scary noises. Hot dogs available for all!

Sensory friendly trick or treating also available in Courtenay from 3 - 4 pm at 237 3rd Street in Courtenay, hosted by Comox Valley Child Development Association.

### **Parent Workshops**

Everyone is welcome! Sessions take place in the Multipurpose Hall and include a complimentary family dinner and supervised children's activities. This program is aimed towards families & children ages 0-8 years.

Drop in to our free, one-hour parenting sessions where local experts share practical knowledge and tools to help parents build confidence and connection. Dinner includes gluten-free and vegan options prepared by LUSH Valley (not guaranteed celiac friendly).

The Parent Speaker Series is made possible thanks to the PlanH Grant and BC Healthy Communities - a non-profit committed to enhancing community health.

Schedule:

- Dinner: 5:00 pm
- Speaker: 5:30-6:30 pm
- Location: Comox Community Centre – Multipurpose Hall
- No session: Nov 11

- Optional registration for updates and resources: [Parent Speaker Series](#)

#### Upcoming Sessions:

- Oct 28, 2025 – Strategies to Support Neurodiverse Kids – Lindsay & Brandon, CVFDA <https://www.cvcda.ca/>
- Nov 4, 2025 – Nature-Based Family Activities for Self-Regulation – Jenn Johnson, ECE & Strong Start Facilitator
- Nov 18, 2025 – Adjusting to Parenthood – Support for New and Expecting Parents – Rosalie (RN), Public Health
- Nov 25, 2025 – Become the Parent You Always Wanted to Be Using the Positive Intelligence® Framework – Linda, Be Thriving Moms <https://bethrivingmomstoday.com/> Dec 2, 2025 – Growing Up Safely: Practical Tips to Prevent Injuries in Children – Olivia Aguiar (PhD), Public Health

### **Social Emotional Learning**



#### How to help a child who is afraid of Halloween

Many Halloween traditions are strange and unlike our normal day-to-day lives. We do our best all year to teach our children to eat healthy food and not talk to strangers but then on Halloween night, we allow them to go out and collect candy from people they don't know. It is common for children to feel some fear and anxiety along with excitement about this day so here are some helpful tips:

- Let your child know that their fearful feelings are normal and o.k.
- Talk and read stories about Halloween (this helps children learn what to expect and takes away the element of surprise that can be frightening)
- Clear up any misunderstandings that might make anxieties worse
- Practice for the big night (Have your child dress up and go visit a neighbor a few days before Halloween)
- Talk about the difference between real and imaginary
- Choose to participate in daytime Halloween activities to take away the element of fear that increases with the dark

Remember that this is supposed to be a fun tradition and if it is something that causes fear in your child, give them the freedom to choose not to participate. Instead, have a family games night at home and provide treats for them to eat.

Thanks everyone - have a great weekend,

Lee McKillican and Char Siddon 😊

