

Good afternoon, Royston El community!

Here is your week ahead for Oct 6-10, 2025



And for those wanting the "quick hits" for the upcoming week:

School News

Big shout out to our families, our students, and our amazing staff for such a great day on Thursday with our Terry Fox Fundraiser Day. Special thanks to Mr. Zadvorny for being a great sport for a great cause. Cancer affects us all.



Cross-Country season is on now! Practices will be 2nd recess on Mondays and Fridays. Parent driver are always needed. To be a parent driver we will need the following in our files:

1. Criminal record Check (every 5 years)
2. Driver's Abstract (yearly)
3. Copy of your Driver's Licence (yearly)
4. Copy of your insurance policy (yearly)

Please connect with our office for support

Upcoming Cross-Country events

- ~~Wednesday, October 1 – at Puntledge~~ cancelled due to weather
- Wednesday, October 8 – at Huband
- Wednesday, October 15 – at Brooklyn
- Wednesday, October 22- at Airport

PAC News

- **Next PAC Meeting - Wednesday Oct 8th at 630PM**
 - All parents are welcome! We offer free childcare.
- **Save the date! Halloween Dance is October 29th**
 - Details to follow.
- **Don't Forget - PAC Email Signup!**
 - Stay up to date with PAC News, please sign up by clicking on this link: [SIGN UP NOW](#)
- **GUNTER BROS Meat Orders Open Next Week**
 - We will send an email once ordering is open.

District News



Commented [LM1]:

Social Emotional Learning



An important focus here at Royston Elementary is "**Respect**". One way to think about respect is "**seeing value in all people and things & treating them with care.**" Many people feel respected in different ways, and we hope this month inspires discussions with your family about what respect means to you and how you can practice it together! (Note: you may need to talk about what respect looks like, sounds like and feels like before you practice it).

A fun way to remind children to show respect to others is to create a non-verbal cue. As a family, come up with a non-verbal way to cue your student to remember to show respect to others. An example of this would be anytime you raise the "Respect Rooster" bringing your pointer finger and pinky finger together and leaving up the other three fingers, your child would be reminded to practice living out respect

Purposeful Pursuits

Review Respect as a family!

- Agree as a family to set aside a certain time each day this week to unplug from devices and plug into family time. It shows respect when we practice being present in the moment without the distractions that can come from technology. Debrief and discuss this challenge afterward and commit to this practice at least 1 day each week.
- Find time to sit in a circle together and celebrate all the ways you have seen each other practice respect. Take turns sharing responses to the following prompts or make up your own! Remember to practice **respect** as you listen to each other.

Conversation Starters

- What does it look like to treat other people with care?
 - What can we do when we see others being disrespectful?
- How can making good choices help you with conflicts here at home? With friends?



Thanks everyone - have a great weekend,

Lee McKillican and Char Siddon 😊

