

## ***Good afternoon, Royston El community!***

Here is your week ahead for Sep 22-26, 2025

### **Reminders:**

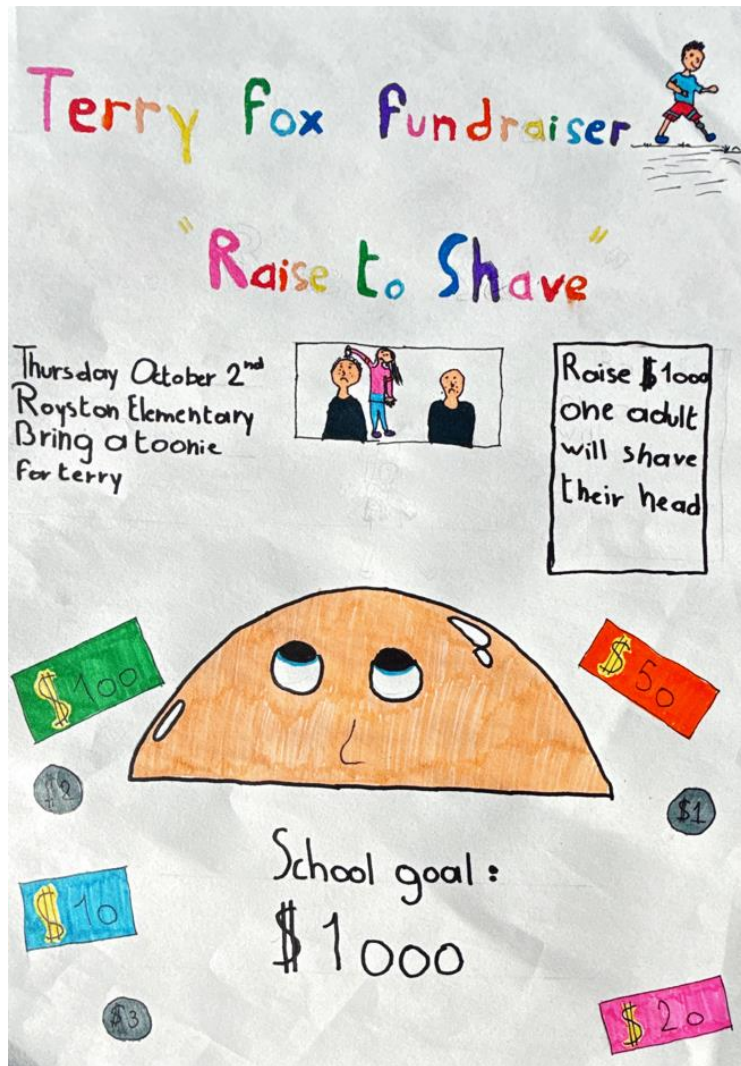
1. **School fees \$25.00 should be paid as soon as possible cash, cheque, or e-transfer to [royston@sd71.bc.ca](mailto:royston@sd71.bc.ca)**
  - This fee covers the cost of school supplies (already bulk purchased here at the school). Please connect with me if you have concerns about this payment as we do have access to some funding supports.

And for those wanting the "quick hits" for the upcoming week:

### **School News**

Bring your coins and cash. We have two inspiring fundraising events coming to Royston in the coming weeks. Both are in support of the fight against Cancer. Teachers will be collecting coins and cash for these important causes.

- **Cops for Cancer visit and fundraiser– Sept 25<sup>th</sup> – Cash for Cops**
- **Terry Fox Run/Fundraiser – Thursday, Oct 2<sup>nd</sup> - Toonie for Terry.**
  - Our annual Terry Fox Run is happening on Thursday, October 2nd—and this year, things are getting interesting! One of the adults in our school has agreed to **shave their head** at the assembly on the day of the run... but who will it be??
  - Here is the catch: it will only happen if we reach our school fundraising goal of **\$1,000.**
  - Starting Monday, students are encouraged to bring a **“Toonie for Terry.”** Every dollar brings us closer to the big reveal—and a freshly shaved head!
  - Let’s work together to support this amazing cause, honour Terry’s legacy, and have some fun along the way. Who’s it going to be? Stay tuned!



**Truth and Reconciliation Week is approaching with Orange Shirt Day on Sept 29<sup>th</sup>.**

**Photo Day – Friday October 3<sup>rd</sup> – Watch for Photo packages coming home in the next few days.**

**Cross Country season** for students in grades 3-6 begins soon. Please watch for info coming soon.

- Wednesday, October 1 – at Puntledge
- Wednesday, October 8 – at Huband
- Wednesday, October 15 – at Brooklyn

**Lice:** Like all school communities, lice sometimes pop up in our classrooms and can be real nuisance for families. Please remind your student not to share hats, rub and touch heads, or share clothing (hoodies especially) with other students. It's never a bad idea to check your child's hair every week or so for nits and bugs...early detection is helpful!

**If your family does experience lice, don't panic!** We're here to help. Please, email your child's teacher/ Mr. Mckillican/ Ms. Siddon and let them know- this will be strictly confidential! We will then send an email to the potentially impacted class with a link on how to detect and treat lice. At NO TIME is identifying information ever shared as your privacy and confidentiality are of the utmost importance to us!

**\*\*\*\*Our PAC has graciously purchased and donated a stack of Lice Treatment kits for us to give out for FREE** (they are costly), to help support families who may need it. Just reach out to Ms. Laughy, Ms. Siddon or Mr. McKillican and we will have a discreet little package for you to pick up in the office so you can treat at home. Many thanks to our amazing PAC for this!

How to get rid of Head lice: <https://www.islandhealth.ca/sites/default/files/2018-08/wet-combing-head-lice-removal.pdf>

Here is a great informative Ministry of Health link:

<https://www.healthlinkbc.ca/healthlinkbc-files/head-lice>

## **PAC News**

- **PAC Email Signup!**
  - If you would prefer to receive PAC info via email, please sign up by clicking on this link: [SIGN UP NOW](#)
- **Hot Lunch Starts October**
  - This year we will be offering hot lunches on Wednesday, Thursday, and Friday of each week. This is our biggest fundraiser for the PAC, and it relies on our parent community to volunteer. If you can volunteer for a specific day or be one of our backups if a regular volunteer cannot make it, please reach out to [roystonhotlunch@gmail.com](mailto:roystonhotlunch@gmail.com)
  - Stay tuned for an email, as all parents will need to register on [Royston Hot Lunches](#) to be able to place orders.
- **Next PAC Meeting is Wednesday, October 8<sup>th</sup> at 6:30PM in the library**

We welcome all parents and caregivers to join. We offer free childcare.

## **District News**

**Early Literacy Screening update:** For your information, in our district this year, K teachers will be administering our locally developed K assessment [Link here](#) in the same way as last year. More details about Ministry directions with this initiative will be discussed at our first Leading Learning session in October.

**Foundation Skills Assessment (FSA)- Parent information letter:** found at this link [FSA Info to Parents 2025.pdf](#) with all parents/guardians of students in Gr. 4 and 7.

## **Community News**

# UNIVERSITY WOMEN'S BASKETBALL GAME & SKILLS CLINIC

IN SUPPORT OF THE JANE DOE MEMORIAL BURSARY



VANIER SECONDARY SCHOOL

SEPTEMBER 27 · 6:00 PM

**ADMISSION: BY DONATION**

ALL PROCEEDS GO DIRECTLY TO THE JANE DOE MEMORIAL BURSARY

**SKILLS CLINICS –  
LEARN FROM THE VIKES!**

**GIRLS' BASKETBALL  
SKILLS CLINICS (DAY OF GAME)**

**10 AM – 12 NOON**  
SESSION 1 (AGES 8-12)

**1 PM – 3 PM**  
SESSION 2 (AGES 13-18)

**\$20 PER PARTICIPANT**  
(INCLUDES ADMISSION TO  
THE EVENING GAME!)

## WHY THIS GAME MATTERS

This game's dedication to honoring Jane Doe, who bravely battled cancer, a beloved athlete who burst the punport future students prsue the Jane Dee Memorial Bursary,

## HOW TO JOIN

- › Sign up for skills clinic:  
**[larrystreetcar@gmail.com](mailto:larrystreetcar@gmail.com)**
- › Come cheer on teams at 6:00 PM
- › Bring your friends & family – every denation makes difference!

**DON'T MISS THIS EXCITING DAY  
OF BASKETBALL, COMMUNITY, AND GIVING BACK!**

- Ringette is a dynamic, non-contact ice sport that promotes teamwork, physical fitness, and confidence. Though played on ice like hockey, it features its own unique rules, equipment, and pace, making it a fun and inclusive experience for participants of all ages and skill levels.

[Registration](#): Preferred for planning and insurance, but walk-ins are welcome

- BGC (formerly Boys and Girls Club) is facilitating **Parenting Without Power Struggles (PWPS)** starting Thursday, October 2. PWPS is a free nine-week peer-support parenting program for caregivers of kids aged 9 to 12. BGC runs PWPS twice per year (Fall and Spring).

To Register: [parentingprograms@bgccvi.com](mailto:parentingprograms@bgccvi.com) or call 250-338-7141

## Social Emotional Learning



Emotional intelligence (EQ) is a greater predictor of a child's overall success in life than IQ (Intelligence Quotient). EQ can be improved by developing strategies in the 5 areas of social emotional learning (self-awareness, social awareness, self-management, relationship skills, and responsible decision making)

**Self-awareness** means having the ability to understand your thoughts, emotions, and values, as well as knowing how those factors influence your behavior. The World Health Organization recognizes self-awareness as one of ten life skills that promote wellbeing across all cultures.

Children usually begin to identify their emotions and the emotions of others around the age of 5. You can help your child become self-aware by trying some of these strategies:

1. Help your child write positive affirmations about themselves such as, "I am smart" or "I am kind" and post these statements around their room for them to read every day.
2. Help your child understand the connection between thoughts, actions and feelings. Thoughts lead to actions; actions lead to feelings and feelings lead back to thoughts.
3. Encourage your child to keep a "My Emotions" journal where they can write or draw how they are feeling next to what was happening when they felt this emotion. Use this journal as a springboard for discussion.
4. Help your child establish and work toward a goal. This will allow them to see themselves as competent and capable.
5. Help students identify their strengths which will ultimately help them develop a positive self-image.



Thanks everyone - have a great weekend,

Lee McKillican and Char Siddon 😊

