

VALLEY VIEW ELEMENTARY SCHOOL

2300 Valley View Drive, Courtenay, BC V9N9A3

Phone: 250-897-0343 Fax: 250-897-3923

Principal: Mme Michelle Mowbray

Vice-Principal: Yolanda Lehton

Valley View Family Newsletter October 18th, 2024

Dear Valley View Families,

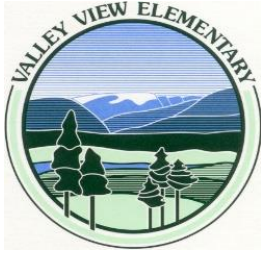
Next week is our final cross country race for the year. Our Valley View athletes have demonstrated incredible stamina and perseverance!

Our grade 6/7 volleyball team is set to start practicing on Monday. Our first game is on October 30th in our gym. Thank you to our parent volunteer coaches and to Ms Davidge.

Here are a few items for your consideration for the next 2 weeks:

Mon, Oct. 21	Walk for Wenjack – Secret Path Week activities this week Lunch recess volleyball practice grade 6/7 (more dates announced soon)
Tue, Oct. 22	
Wed, Oct. 23	Cross Country running – Huband Elementary school grade 4-7 Final race! Secret Path – Walk for Wenjack -school wide outdoor stations
Thurs, Oct. 24	
Fri, Oct. 25	No school – Professional development day for staff

Mon, Oct 28	
Tue, Oct 29	
Wed, Oct 30	Gr 6/7 volleyball game at Valley View
Thurs, Oct 31	Halloween parade – 9:00 weather permitting -outside or inside the gym if it's raining. * Please ensure costumes are free of flashing lights and weapon-like accessories. Thank you.
Fri, Nov 1	School wide pyjama day



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Upcoming dates:

Photo Retakes -November 8th

November 8th – Remembrance Day ceremony in the gym

November 14th – Wear blue for World Diabetes Day

Important information:

-Additional Funding for Military Families: If you are a military family, some of this information may be helpful to you. [Tutoring Reimbursement Program – Support Our Troops](#) and or [Special Needs Grants – Support Our Troops](#)

-Airport Elementary StrongStart will be offering “On Our Way to K” sessions throughout the year. The sessions are open to children entering Kindergarten next fall. See attachment or email: Jennifer.johnson@sd71.bc.ca

-Grade 7 fundraiser for Camp Homewood: bottle drive account -see attachment

-Valley View Spirit Wear Order forms -PAC fundraiser – forms will be sent home next week. See attachment

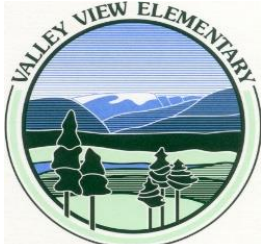
-Boundary Catchment updates: <https://www.comoxvalleyschools.ca/catchment-updates/#tab-id-2>

-Family Start Learning session:

Topic: ['A Conversation for Families about Digital Wellbeing and Mental Health'](#)

How much time should our kids spend on technology? How can we set boundaries that don't create conflict? Learn some practical solutions to our everyday concerns and challenges around our kids' use of screens and their mental health.

Join us to listen to Dr. Kristy Goodwin, Digital Wellbeing and Productivity Researcher, Speaker, Author and Consultant.



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This video presentation will be followed by a facilitated discussion by Carolyn McCarthy and Megan Watson, Family Peer Support Workers in the Comox Valley.

When: Wednesday, October 23 from 6:30-8:00pm

Where: Mark Isfeld Secondary (Multipurpose room)

Register: For more information and to register, [click here](#). Even if you are not sure if you can make it, we encourage you to register as you will receive access to resources following the event via email.

*While the event is held at the secondary school, this event is for parents of all school aged children and youth who might be struggling with anxiety.

If you have any questions about the event, please feel free to contact me anytime.

Carolyn

Carolyn McCarthy, (she/her)

Family Peer Support Worker - Integrated Child and Youth Team Comox Valley

[250-890-2391](tel:250-890-2391)

[click here to book an appointment with me](#)

www.familysmart.ca

Finally, congratulations to Marcus in grade one for winning our “bucket filler” draw for the month of September. He and a friend will enjoy a special lunch with Madame Mowbray. We encourage all of our students to keep doing acts of kindness and fill other people’s buckets. At Valley View Elementary, we are We Thinkers!

Wishing you a dry and restful weekend,

Michelle Mowbray

Principal – Valley View Elementary

<https://www.comoxvalleyschools.ca/valley-view-elementary/>