

VALLEY VIEW ELEMENTARY SCHOOL

2300 Valley View Drive, Courtenay, BC V9N9A3

Phone: 250-897-0343 Fax: 250-897-3923

Principal: Mme Michelle Mowbray

Vice-Principal: Yolanda Lehton

Valley View Family Newsletter November 15th, 2024

Dear Valley View Families,

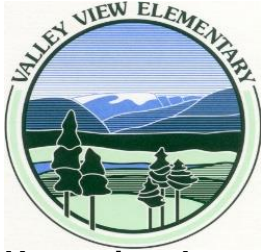
As the days get darker and rainier, please be cautious driving near crosswalks and throughout our parking lot.

We thank you for your continued support and vigilance.

Here are a few items for your consideration for the next 2 weeks:

Mon, Nov 18	Leadership club
Tue, Nov 19	PAC meeting 6:30 – proposed budget posted on PAC page https://www.comoxvalleyschools.ca/valley-view-elementary/parent-advisory-council-pac/
Wed, Nov 20	Gr 6/7 volleyball game at Royston Elementary for Team A only Volleyball practice 11:45
Thurs, Nov 21	Parent /teacher conferences – no school for students
Fri, Nov 22	<i>Hot lunch -Panago</i>

Mon, Nov 25	
Tue, Nov 26	
Wed, Nov 27	Gr 6/7 volleyball game at Valley View (grade 7 students only) Volleyball practice 11:45 Deadline for December Hot lunch ordering (see below for details)
Thurs, Nov 28	
Fri, Nov 29	<i>Pretzel guys Hot lunch</i>



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Upcoming dates:

November 21st - Parent conferences with teachers (**No school for students**).

Please follow the link below to book your parent/teacher conference appointment on Thursday, November 21st or earlier for some teachers.

If you have previously registered in OPTIS, enter your e-mail address and password. If you are new to the school, click on “New Parents” to register.

You will need to know your child’s teacher’s name in order to book your appointment.

<https://secure.parentinterviews.com/valley-view-elem/home>

-Wednesday, December 18 – Family Snowball Dance organized by our PAC in lieu of the Winter concert– more details to follow soon – probably 5:00- 7:00 pm 😊

*We will hold a Spring Concert on March 12th.

Important information:

- PAC fundraiser – Order Purdy’s chocolates until Nov. 29th. See attached [Purdy's Order Link](#)





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- PAC fundraiser – Seeds -

<https://fundraising.westcoastseeds.com/pages/organizations/valleyview-elementary-pac>

West Coast Seeds

We are so glad to be able to offer this exciting way to order seeds, encourage time outside and assist with your gift buying this year! Thank you so much for your support!

<https://fundraising.westcoastseeds.com/pages/organizations/valleyview-elementary-pac>

Open for sales Nov 15, 2024 - Dec 6, 2024

- **EDAS – Everyone Deserves a Smile campaign** is underway. Our school is collecting donations of: men and women’s socks, men and women’s gloves, toques and scarves.

- **Hot lunch ordering for December** deadline to order is Wednesday, November 27, 2024.

<https://valleyviewpac.hotlunches.net>

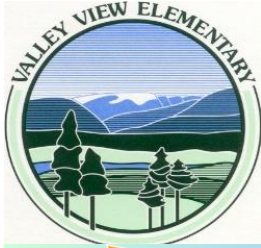
-Don't Forget to Order This Year's School Pictures

ENJOY 10% OFF your order! **CODE: F2410OFF**

EXPIRES: July 31, 2025

[Redeem Now](#)

- **Grade 7 fundraiser for Camp Homewood:** bottle drive account




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Valley View 2024/2025
Grade 7 Trip Bottle Drive Fundraiser

Bag bottles & cans (do not crush) in a clear recycling bag, drop off at any return-it location in BC

Courtenay: Return-it Depot Express (use phone number 604 600 1143) to get labels

Comox: Return-it Express & GO: Use phone number 604 600 1143 to print labels text your Express & Go Passcode (BW7A) to 778-400-5253, receive your one-time PIN to open the door, drop off your bags, and GO!

Share with friends and family anywhere in BC to add to our fundraising effort

NOTE:

- for EXPRESS & GO locations PIN above is needed,
- for Return it locations phone number above is needed

-Parent sessions available

We are excited to be offering a new series of events for parents and caregivers starting next week at the Lewis Centre in Courtenay.

Coffee & Connection Series:

What: Informal drop-in groups for parents/caregivers interested in connecting with other parents about child/youth mental health topics while enjoying some coffee and snacks.

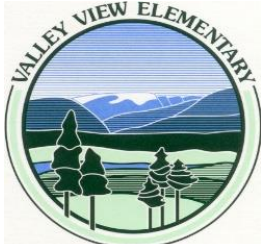
Where: Lewis Centre, Craft Room A, 489 Old Island Hwy

When: 9:30-10:30 am on the following dates:

Thurs, Nov. 14: [Screen Time: The Struggle is Real](#)

Let's talk about our struggles with our kids' screen time, and some ways we might make the hard a little bit easier.

Thurs, Nov. 28: [Parenting in the Deep End: Parenting Kids Ages 4-8](#)



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Let's talk about the challenges when our kids are 4 – 8 years old and what helps to make it a bit easier.

Thurs, Dec. 5: [Parenting in the Deep End: Parenting Kids Ages 9-12](#)

Let's talk about the challenges when our kids are 9 – 12 years old and what helps to make it a bit easier.

Thurs, Dec. 12: [Parenting in the Deep End: Parenting Kids Ages 13+](#)

Let's talk about the challenges when our kids are 13+ years old and what helps to make it a bit easier.

Registration: Click on the links above to register for any you would like to attend or simply drop-in that morning.

[ADHD: The Real Deal:](#)

What: Join us as we listen to Dr. Don Duncan, Child and Adolescent Psychiatrist, dispel the myths, learn how and why the ADHD brain works the way it does, and talk about medications for ADHD.

When: Wednesday, Nov. 13 from 6:30-8:00pm

Where: Mark Isfeld Secondary (Multipurpose room)

Cost: Free

Register: For more information and to register, [click here](#).

Thank you for all that you do to support families in our community!

Kind regards,

Carolyn

Carolyn McCarthy, (she/her)

Family Peer Support Worker - Integrated Child and Youth Team Comox Valley

[250-890-2391](tel:250-890-2391)

[click here to book an appointment with me](#)

www.familysmart.ca



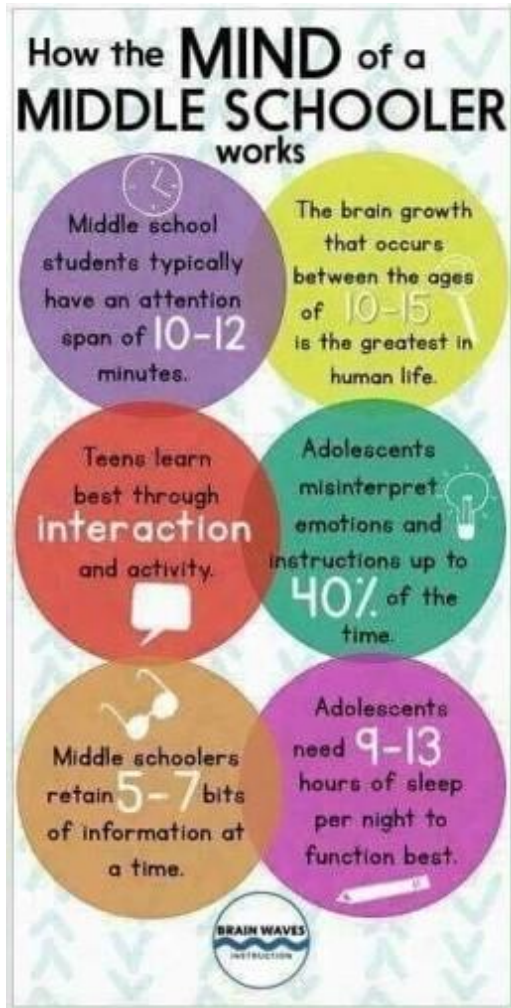
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Wishing you a wonderful weekend,

Michelle Mowbray

Principal – Valley View Elementary

<https://www.comoxvalleyschools.ca/valley-view-elementary/>