

VALLEY VIEW ELEMENTARY SCHOOL

2300 Valley View Drive, Courtenay, BC V9N9A3

Phone: 250-897-0343 Fax: 250-897-3923

Principal: Mme Michelle Mowbray

Vice-Principal: Yolanda Lehton

Valley View Family Newsletter November 1st, 2024

Dear Valley View Families,

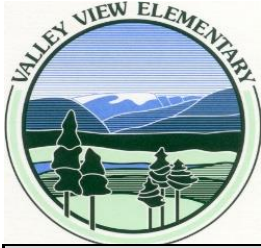
We have certainly had an exciting week leading up to Halloween!



Here are a few items for your consideration for the next 2 weeks:

Mon, Nov 4	Volleyball practice 11:45 Last day for Spirit wear orders!
Tue, Nov 5	Grade 6 immunization Leadership group
Wed, Nov 6	Gr 6/7 volleyball game at Valley View – Team A Volleyball practice 11:45
Thurs, Nov 7	
Fri, Nov 8	Photo retakes Remembrance Day ceremony – after recess Hot lunch – Tim Horton's

Mon, Nov 11	Remembrance Day – no school
Tue, Nov 12	
Wed, Nov 13	Gr 6/7 volleyball game at Valley View Team 1 Volleyball practice 11:45
Thurs, Nov 14	Wear BLUE for World Diabetes Day



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Fri, Nov 15

Hot lunch - QF
Fire Safety House – grade 7s

Upcoming dates:

November 21st - Parent conferences with teachers (**No school for students**)

Important information:

-Valley View Spirit Wear Order forms -PAC fundraiser – forms have been sent home. Deadline to submit an order has been pushed to **Monday, November 5th**. Samples available for sizing purposes at the office. See attachment

-Grade 7 fundraiser for Camp Homewood: bottle drive account -see attachment

-Message from the School board office:

Hello Valley View families,

A friendly reminder that the feedback portal for the proposed boundary catchment update for our school is open for more week until November 8.

These changes will apply to future students enrolling in our school. Please note that siblings will be allowed to remain together.

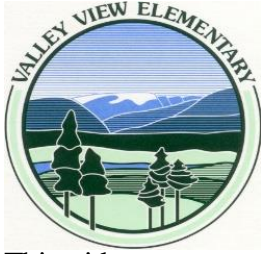
Much more information about the proposed changes and opportunities to provide feedback can be found here: [Catchment Updates - Comox Valley Schools](#)

It's important for Trustees to hear your comments, questions or concerns.

-Free in person-event for parents/caregivers

Topic: [ADHD: The Real Deal](#)

There are many myths about ADHD and it can be hard to understand how to support our kids who have ADHD. Join us as we listen to Dr. Don Duncan, Child and Adolescent Psychiatrist, dispel the myths, learn how and why the ADHD brain works the way it does, and talk about medications for ADHD.



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This video presentation will be followed by a facilitated discussion by Carolyn McCarthy and Megan Watson, Family Peer Support Workers in the Comox Valley.

When: Wednesday, Nov. 13 from 6:30-8:00pm

Where: Mark Isfeld Secondary (Multipurpose room)

Cost: Free

Register: For more information and to register, [click here](#). Even if you are not sure if you can make it, we encourage you to register as you will receive access to resources following the event via email.

*While the event is held at the secondary school, this event is for parents of all school aged children and youth who are interested in learning more about ADHD.

Wishing you a wonderful weekend,

Michelle Mowbray

Principal – Valley View Elementary

<https://www.comoxvalleyschools.ca/valley-view-elementary/>