



VALLEY VIEW ELEMENTARY SCHOOL

2300 Valley View Drive, Courtenay, BC V9N 9A3

Phone: 250-897-0343 Fax: 250-897-3923

Principal: Mme Michelle Mowbray

Vice-Principal: Yolanda Lehton

Valley View Family Newsletter December 6th, 2024

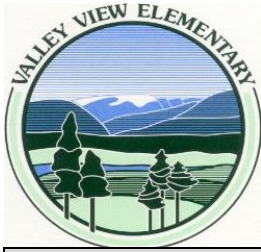
Dear Valley View Families,

Our salad bar and soup/bun offerings have been a bit hit this week! We love feedback so if you have heard comments from your child, feel free to send me or Ms Lehton an email. 😊

PAC continue to look for a volunteer Hot lunch coordinator. Please email valleyviewhotlunch@gmail.com if you would like to learn more. As it stands, we will not be able to offer hot lunch in the new year without someone to help coordinate orders. Thanks for considering!

Here are a few items for your consideration for the next 2 weeks:

Mon, Dec 9	Cupcake & cookie sale fundraiser \$2 each “Sweets for Skates” raising funds for a free community skate session – Division 10 class project with Ms Lehton Leadership club
Tue, Dec 10	Green pod free salad bar – Div 1 Grady, Div 2 Fowler, Div 7 Zimmer, Div 14 Wheeler, Div 16 Wulff
Wed, Dec 11	Chess club
Thurs, Dec 12	Carrot soup and a bun for all students Div 7 is hosting a lights walk 6-7pm. Families can meet at the corner of 10 th and Hobson, purchase a seasonal snack bag for \$4 and head down to Candy Cane Lane to check out the lights together. All students and families are invited to attend and this event supports MARS wildlife rescue. Madame Mowbray will be walking with the 6:00pm group. 😊
Fri, Dec 13	Tobacco and Vapour presentations – Grades 5-7 Deadline to pre-order your Pizza for the Family Snowball Dance



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<https://valleyviewpac.hotlunches.net>

Cozy Cabin Flannel Friday – wear your favorite flannel **shirt**

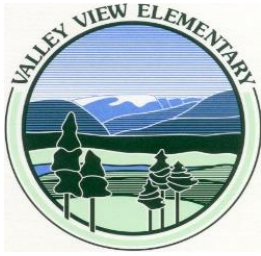
Mon, Dec 16	Leadership club
Tue, Dec 17	Twinkly Tinsel Tuesday – wear clothes with lights, sparkles, sequins...
Wed, Dec 18	Chess club Family Snowball Pizza and Dance – 5:00 – 7:00 – see below for more details
Thurs, Dec 19	Whole school Jingle Run – 8:50 back field
Fri, Dec 20	Festive Friday – wear your favorite holiday gear/ensemble Grade 7 dance in MPR 1:30-2:30

Upcoming dates:

Comox Valley Volleyball December Camp is December 21st and 22nd at Highland School. The morning session is for grades 5-8 and the afternoon session is for grades 9-12. Please email Brian at bdstevens@hotmail.com for more information.

-Valley View Festive Fun Days in December:





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-Wednesday, December 18 – Family Snowball Dance organized by our PAC and several staff members in lieu of the Winter concert.

Donations for the PAC fundraiser gratefully accepted at the door. Thank you!

5:00- 7:00 pm 😊

Pre-order pizza through the hot lunch link before Dec 13th..

<https://valleyviewpac.hotlunches.net>

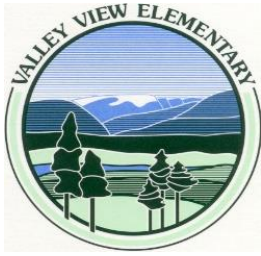
\$3 per slice or \$20 for a whole large pizza. Cheers, pepperoni or Hawaiian from Panago. (limited extras for sale on site).

Juice or water \$1.25

Glowsticks and treats for sale on site

*****Students MUST be accompanied and supervised by a parent/ guardian.*****





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Important information:

-Breakfast program & healthy snacks: Friendly reminder: healthy breakfast foods are available for students in the green pod every day from **8:15 - 8:35**. Fresh vegetables and fruit are always available at the office throughout the day.

-Christmas Hampers – last call to hand in food items. Hampers will be picked up December 9th. Thank you for your support and generosity!

- PAC fundraiser – West Coast Seeds – Plan for spring now! Deadline was pushed to December 9th!!

<https://fundraising.westcoastseeds.com/pages/organizations/valleyview-elementary-pac>

West Coast Seeds

We are so glad to be able to offer this exciting way to order seeds, encourage time outside and assist with your gift buying this year! Thank you so much for your support!

<https://fundraising.westcoastseeds.com/pages/organizations/valleyview-elementary-pac>

Open for sales Nov 15, 2024 - Dec 6, 2024

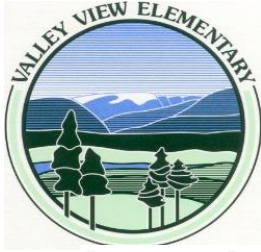
Community News:

We are excited to share that Family Start have **FREE** in-person events coming up for parents/caregivers in the Comox Valley this month.

Our next *Connect and Learn* event is coming up on Wednesday evening next week:

Topic: [Understanding, Supporting and Connecting with Teens with Depression](#)

When our teens are struggling with depression, we can feel lost about how to best support them. How do we know when they are experiencing a mental health challenge and when should we intervene? Let's talk about how we can understand, support and connect with teens with depression. Join us and Karen



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Peters, a Registered Clinical Counsellor, and Victoria Keddis, a parent with lived experience.

This video presentation will be followed by a facilitated discussion by Megan Watson and Carolyn McCarthy, Family Peer Support Workers in the Comox Valley.

When: Wednesday, December 11 from 6:30-8:00pm

Where: Mark Isfeld Secondary (Multipurpose room)

Cost: Free

Register: For more information and to register, [here](#) Even if you are not sure if you can make it, we encourage you to register as you will receive access to resources following the event via email.

Wishing you a pleasant weekend,

Michelle Mowbray - Principal – Valley View Elementary

<https://www.comoxvalleyschools.ca/valley-view-elementary/>