



# VALLEY VIEW ELEMENTARY SCHOOL

2300 Valley View Drive, Courtenay, BC V9N9A3

Phone: 250-897-0343 Fax: 250-897-3923

Principal: Mme Michelle Mowbray

Vice-Principal: Yolanda Lehton

## Valley View Family Newsletter January 31st, 2025

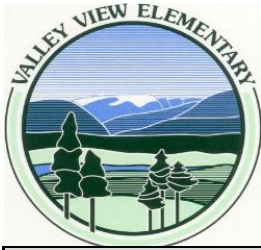
Dear Valley View Families,

Thank you all for your support with our Family literacy week events and activities. Next week, we will celebrate Lunar New Year on Friday by wearing red, a parade of Lions and treats for all. (Gluten free available).

We have noticed a significant increase in illness at school this past week; mainly the stomach bug. We encourage frequent hand washing and keeping your child at home when they are sick.

Here are a few items for your consideration for the next two weeks:

<b>Mon, Feb 3</b>	Gr 6/7 Girls Basketball practice lunch recess  Grade 6 boys basketball game at Robb Road.
<b>Tue, Feb 4</b>	Greek themed salad bar for all – always vegan, DF and GF options  Grade 7 boys BB practice 2:30
<b>Wed, Feb 5</b>	Chess club  Grade 7 boys BB (Team Scott and Dugas) game at Valley View and Grade 6/7 girls BB game at Gaglardi  Grade 6/7 Open gym for basketball lunch recess
<b>Thurs, Feb 6</b>	Tteokguk – Korean Rice Cake Soup & Naan for all  “Coldest night of the year” Bake sale fundraiser 2:30 outside, front of school  Gr 6/7 girls practice lunch recess and after school until 3:30
<b>Fri, Feb 7</b>	Hot lunch – Panago  <b>Wear RED</b> for Lunar New Year celebration – Lion’s parade will visit classes and treats for all students. (GF options available)



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	<p>Leadership club MPR – 11:45</p> <p>Last chance! Reading BINGOs due today</p>
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<b>Mon, Feb 10</b>	<p>Gr 6/7 Girls Basketball practice lunch recess</p> <p>Grade 6 boys basketball game</p>
<b>Tue, Feb 11</b>	<p>Salad bar for anyone interested</p> <p>Grade 7 boys basketball practice until 3:30</p>
<b>Wed, Feb 12</b>	<p>Chess club</p> <p>Grade 7 boys BB Team Scott - Cumberland</p> <p>Grade 6/7 girls BB game – Team A at Valley View</p> <p>Grade 6/7 Open gym for basketball lunch recess</p> <p>District Showcase Concert Choir performance at Vanier</p>
<b>Thurs, Feb 13</b>	<p>Soup &amp; bun for all</p> <p>Hearing screening for Kindergarten</p> <p>Gr 6/7 girls practice lunch recess and after school until 3:30</p>
<b>Fri, Feb 14</b>	<p>Hot lunch</p> <p>Valentine's day</p> <p>Leadership club MPR – 11:45</p>

### Upcoming dates:

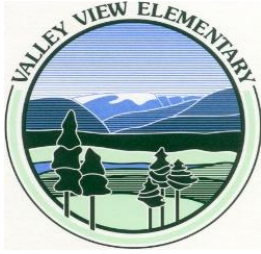
**No school on Monday, February 17<sup>th</sup>** (family day)

**No school on Tuesday, February 18<sup>th</sup>** for a professional development day. (*PAC meeting post-poned to Tuesday, Feb 25<sup>th</sup> at 6:30pm*)

Wednesday, February 26<sup>th</sup> – Pink shirt day and Pancakes for all

School Spelling bee (grade 4-7) February 21<sup>st</sup>

District Spelling bee finals – March 4th



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### **Update from our Public Health Nurse:**

Pertussis cases are currently rising within Island Health.

- Localized clusters in Island Health recently have contributed to an overall increase in pertussis rates
- Infants under the age of 1 currently have the highest incidence of pertussis, followed by pre-school children 1-4 years
- Families and caregivers, as well as other close contacts of the infant, are encouraged to be vaccinated with Tdap

Pertussis, or whooping cough, is a very contagious disease of the respiratory tract. It is caused by a bacterium found in the mouth, nose and throat of a person who is infected. Infants are the population for whom pertussis can have the most severe outcomes, and direct protection can be obtained through routine childhood immunizations provided through public health.

***All adults should receive one dose of Tdap vaccine if they have not previously received a pertussis containing vaccine in adulthood.*** This is recommended by NACI, but **not provided free in BC**, and can be obtained through a local pharmacy.

Tdap is also recommended and provided free to all pregnant people in every pregnancy. Vaccination in pregnancy is typically through Public Health, where we connect and discuss prenatal care.

FYI.

Ellen

*Ellen Vanderlaan RN BScN©*

Public Health Nurse

961 England Ave.,

Courtenay BC V9N2N7

250-331-8520 x68532 (office)

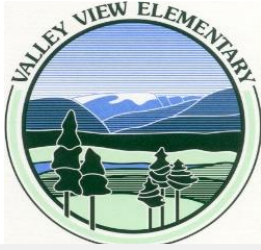
250-702-8398 (work cell)

[Ellen.vanderlaan@islandhealth.ca](mailto:Ellen.vanderlaan@islandhealth.ca)

### **District News:**

#### **Exciting New Primary Learning Community coming to Airport Elementary School**

Comox Valley Schools is excited to announce the launch of an innovative educational program at Airport Elementary School called the **Primary Learning Community (K-3)** for the 2025-2026 school year. This new dynamic program offers a unique blended learning experience that integrates school, place, and home-based environments to foster holistic development in young learners. The program is open to learners from



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throughout the district and offers several unique features for participating students. You can learn more here: <https://www.comoxvalleyschools.ca/wp-content/uploads/2025/01/Airport-Elementary-Primary-Learning-Community.pdf>

### **Information Session & Enrollment Details:**

Families interested in this exciting new program are encouraged to join the **Information Zoom Session** on **Wednesday, January 29, from 7:00–8:00 p.m.** To attend, please register using [this link](#). The Zoom link will be emailed the day before the session.

The **Expression of Interest** to participate in the program will be open from **Tuesday, February 4th to Friday, February 7.**

### **ENTER Program Registration and Open House**

**Registration for ENTER and ENTER 2 will open on Feb. 1<sup>st</sup> and close on Feb. 28<sup>th</sup>.**

There will also be an open house for ENTER at Aspen Park where families can attend to find out more info on the program, see the classroom space and ask any questions they might have on **Wednesday, Feb. 5<sup>th</sup> at 6 pm at Aspen Park.**

What is ENTER? (Grades 6-7) The eCademy of New Technology, Engineering and Robotics (**ENTER**) is a fast-paced, hands-on learning environment with a focus on how things work. You can learn more here: <https://www.comoxvalleyschools.ca/enter-programs/> **If you have questions contact:**

ENTER program Dwayne Mills [Dwayne.Mills@sd71.bc.ca](mailto:Dwayne.Mills@sd71.bc.ca)

ENTER2 program Laura Roberts [Laura.Roberts@sd71.bc.ca](mailto:Laura.Roberts@sd71.bc.ca)

There is also the ENTER 2 program offered at Highland Secondary School for incoming grade 8 students.

Students enrolled in ENTER2 attend in-person classes three days a week at Highland Secondary School and engage in online learning from home for the remaining two days. This blended learning model allows students to progress at their own pace and undertake projects that align with their individual interests. The curriculum is fully



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accredited by the BC Ministry of Education and is structured around STEM-focused learning cycles, covering topics such as computer systems, robotics, and digital game design.

### **Community News:**

#### **Establishing Safe, Caring, & Respectful Digital Communities**

Family sessions to support families and caregivers in navigating the digital world.

Remote sessions Feb 4, 26, March 12, April 8, May 7. Click on the link for information and to register.

<https://pages.saferschoolstogether.com/erase-family-session>



Community

### A Free 10 Week Program to Inspire Healthier BC Families in Courtenay!

Learn together about:

- Healthy Eating
- Physical Activity
- Screen time
- Sleep Routines
- Wellness



**For families with at least one child ages 8-12**  
(One parent/caregiver must attend each week)

**Online self-directed option is available for families outside of the age range**

Program includes:

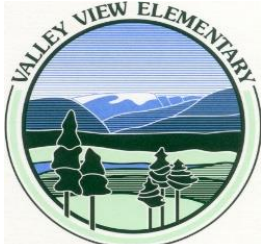
- Q&A's with health professionals
- A family cooking class
- Post program recreation credit based on attendance

Lewis Recreation Centre - Courtenay  
Thursdays 6:00-8:00pm  
February 6 - April 24, 2025  
Generation Health Community funding is provided by the BC Ministry of Health



Scan QR Code or Click Here to Register and Learn More





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\*All families who attend 8 of the 10 dates will receive a \$150 gift card to use on programs at Courtenay Recreation.

Wishing you a pleasant weekend,

**Michelle Mowbray - Principal – Valley View Elementary**

<https://www.comoxvalleyschools.ca/valley-view-elementary/>