



VALLEY VIEW ELEMENTARY SCHOOL

2300 Valley View Drive, Courtenay, BC V9N 9A3

Phone: 250-897-0343 Fax: 250-897-3923

Principal: Mme Michelle Mowbray

Vice-Principal: Mrs. Lisa Scheck

Valley View Family Newsletter May 9th, 2025

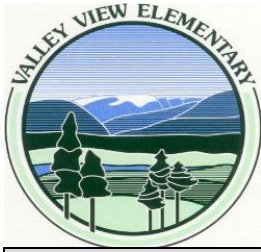
Dear Valley View Families,

We had another action packed week! Track and field on Monday, more golf lessons, bus presentations with rides and Mental health awareness activities.

Here are a few items for your consideration for the two weeks:

Mon, May 12	
Tue, May 13	Salad bar for all Welcome to Kindergarten event 3:00-4:00
Wed, May 14	Earthquake and evacuation drill 1:30
Thurs, May 15	Soup & bun for all Grade 4 Big house experience 11:45
Fri, May 16	

Mon, May 19	No school
Tue, May 20	Salad bar for all PAC meeting – we have unfilled positions! Please read attachment
Wed, May 21	
Thurs, May 22	Science presentations - gym



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	9:15-10:00am	How2Science primary Show
	10:45-11:30am	Earth, Wind & Science intermediate Show
	Soup & bun for all	
Fri, May 23		

Upcoming dates:

May 28 – grade 6 & 7 presentation with RCMP officer – Consent, harassment

School News:

Thank you to all those who bid on grade 7 online auction. It was a great success!

You may hear about our unexpected fire drill today. Maintenance work was happening and they accidentally set off the fire alarm. Students did very well. There was no cause for concern.

Community News:

Topic: [ADHD: The Real Deal](#)

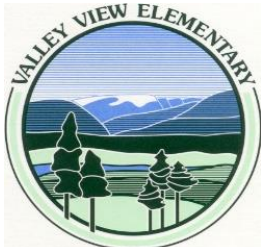
There are many myths about ADHD and it can be hard to understand how to support our kids who have ADHD. Join us as we listen to Dr. Don Duncan, Child and Adolescent Psychiatrist, dispel the myths, learn how and why the ADHD brain works the way it does, and talk about medications for ADHD.

This video presentation will be followed by a facilitated discussion by Carolyn McCarthy and Megan Watson, Family Peer Support Workers in the Comox Valley.

Note: This is a repeat topic for the Comox Valley - showing the same video from our event in November. We welcome you to join us whether you've joined us before for this topic or if it's your first time.

When: Wednesday, May 28 from 6:30-8:00pm

Where: Mark Isfeld Secondary (Multipurpose room)



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Cost: Free

Register: For more information and to register, [click here](#). Even if you are not sure if you can make it, we encourage you to register as you will receive access to resources following the event via email.

*While the event is held at the secondary school, this event is for parents of all school aged children and youth who are interested in learning more about ADHD.

Carolyn McCarthy, (she/her)

Family Peer Support Worker - Integrated Child and Youth Team Comox Valley

[250-890-2391](tel:250-890-2391)

[click here to book an appointment with me](#)

www.familysmart.ca

From the City of Courtenay for school newsletters: Public Works Week Day Event and Colouring Contest

Public Works Week (PWW) is recognized across North America to celebrate the essential role that public works plays in the daily lives of our communities. This year, PWW is taking place from May 18 to May 24, 2025. The theme of this year's events is People, Purpose, Presence—the three cornerstone ideals that motivate public service professionals to serve their communities every day.

To celebrate and raise awareness of the important work carried out by the City of Courtenay's Operational Services Department, the Department is organizing a series of community engagement activities, culminating in a public Open House. Operational Services is pleased to welcome the participation of the City of Courtenay Fire Department, further highlighting the collaborative efforts across City departments that contribute to public safety and well-being.

Public Open House

1. **Date:** Saturday, May 24, 2025 -- 10:00 a.m. to 2:00 p.m.
2. **Location:** Operational Services Center (1000 Piercy Ave. , Courtenay)



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3. **Planned Activities:**

- a. *Heavy equipment displays and live demonstrations*
- b. *Interactive displays showcasing the work of City Operations*
- c. *Facility tours*
- d. *Tree and plant giveaways*
- e. *Free hot dogs for visitors*
- f. *Display of painted snow plow blades **(The one we have painted will be on display!)***

4. City of Courtenay Fire Department

- a. *Display Fire Truck*
- b. *Fire Safety House*
- c. *Display of painted snow plow blades created by local elementary school students*
- d. *Children's colouring contest entries display*

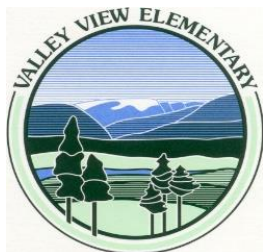
Children's Colouring

Contest [PWW 8.5x11 OpenHouseColouringPage PRINT.pdf](#)

A colouring contest will be offered to children. Colouring sheets will be distributed to local schools and the community prior to PWW. Completed entries can be submitted during school visits or at the Open House event, where they will be displayed, and prizes awarded to children of different age group categories.

***The Comox Valley Volleyball Camp is July 7th-10th this summer. It is for grades 5 and older. Please contact Brian at bdstevens@hotmail.com for more information.**

[Junior Academy – Crown Isle](#) – click on the link for more information



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Raffle for Brayden - May 13th at the Special Track Meet

A note from Brayden's Family ♡

Join us in honoring the memory of Brayden Robbins, a beloved Queneesh Elementary student. Brayden was a bright light at Queneesh Elementary—a boy who dreamed of being a pilot one day. Though his time was short, his spirit continues to soar. In his honour, we're hosting the Raffle for Brayden, with a chance to win one roundtrip ticket for two guests anywhere WestJet flies.

With the funds raised we will be purchasing new playground equipment for Queneesh, including an adaptive swing and a 3-hole basketball net.

Prize: Win one round trip flight for two guests to anywhere WestJet Flies *see fine print on attached poster

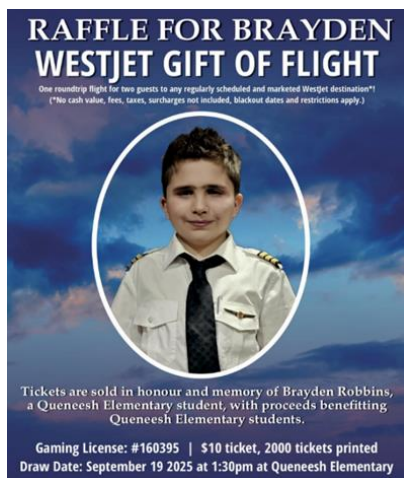
Tickets: \$10 each (only 2,000 tickets available)

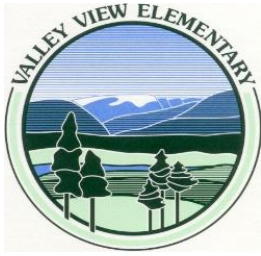
Draw Date: Friday September 19, 2025, 1:30pm at Queneesh Elementary

To Purchase: email raffleforbrayden@gmail.com or text Jana at 604.789.8280.

**Tickets can also be purchased by sending an etransfer to raffleforbrayden@gmail.com. Please include name, email address and phone number and we will send you a photo of your ticket stubs.*

Tickets can be sold to anyone in BC over 19 years of age.





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We have a team of grade 4 students who helped paint this super cool plow. It will be on display at the Public Works Open House on May 24th. See above for more info!

Wishing you a pleasant weekend,

Michelle Mowbray - Principal – Valley View Elementary

<https://www.comoxvalleyschools.ca/valley-view-elementary/>