

VALLEY VIEW ELEMENTARY SCHOOL

2300 Valley View Drive, Courtenay, BC V9N 9A3

Phone: 250-897-0343 Fax: 250-897-3923

Principal: Mme Michelle Mowbray

Vice-Principal: Yolanda Lehton

Valley View Family Newsletter October 3rd, 2025

Dear Valley View Families,

Our classes came together on Monday to reflect and learn about Truth and Reconciliation. It was beautiful seeing all the orange shirts in the crowd.

Yesterday was custodian appreciation day and we certainly appreciate our rockstar custodial staff: Ron and Corrina! Special thanks to them for their hard work and team spirit.

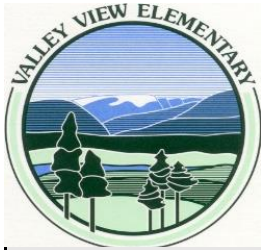


Are you interested in coaching this year or being a ref for basketball?

If so, please contact Michelle Mowbray. Coming up: Triple Ball (volleyball) starts Oct. 29th. This will be a co-ed team and as it stands, we don't have a coach lined up yet. Thank you for considering.

Here are a few items for your consideration in the upcoming weeks:

Mon, Oct 6	
Tue, Oct 7	
Wed, Oct 8	Cross Country running team – race at Huband



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Thurs, Oct 9	
Fri, Oct 10	fire drill 11:30

Mon, Oct 13	Thanksgiving day – no school
Tue, Oct 14	
Wed, Oct 15	Cross Country running team– race at Brooklyn
Thurs, Oct 16	Great Canadian Shakeout Earthquake and evacuation drill
Fri, Oct 17	

Call for Volunteers: We are looking for volunteers to help with our breakfast program among other volunteer opportunities at Valley View. Please contact our VP, Yolanda Lehton if you're interested. Yolanda.lehton@sd71.bc.ca

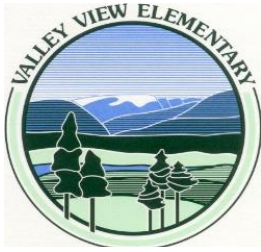
Parent volunteers at our school require a **criminal record check** (good for 5 years) and a volunteer agreement. Please ensure this **paperwork is complete**. Driving paperwork is also required if you wish to help drive students. All the forms and info can be found at: <https://www.comoxvalleyschools.ca/valley-view-elementary/volunteer-driving/>

School news:

Message from Ms. Ran, Multicultural Family Support Worker

Thursday November 20 Comox Valley School District has a Parent Teacher Interview Day. There is NO SCHOOL that day for elementary school students. On this day parents have an opportunity to meet with their children's teachers for a short interview about their student learning.

If you could benefit from an interpreter's assistance at this meeting (no cost to you), please email me back as soon as possible ran.dickman@sd71.bc.ca or sign up at this link [Interpreter request form](#)



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I will do my best to arrange one for your family.

PAC:

We are grateful to our PAC for their hard work and involvement! Our next meeting will be on October 21st at 6:30 in our library.

Please see attached proposed budgets for this year. They are posted on our school website at: [Parent Advisory Council \(PAC\) – Valley View Elementary](#)

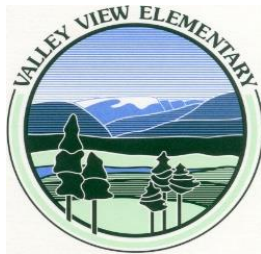
Friendly reminder to purchase coupon books for \$15! Valley View PAC can now receive e transfers at: valleyviewpac@gmail.com

See attachment order form or simply stop in at the office to pick one up.

SAVE the date! Thursday, October 30th 5:30-7:30 Halloween Family Dance organized by our PAC.

Attention vendors and shoppers! Valley View is hosting its very own Winter Market on November 22nd. Vendors are asked to register at this link: [Valley View Elementary School Winter Market Registration](#)





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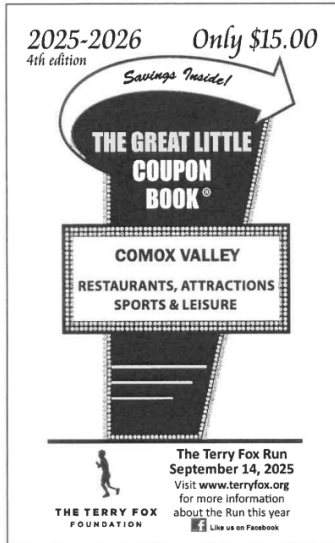
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Enjoy **GREAT SAVINGS** for
Only **\$15.00 !**



*Actual book size

You'll want one for each car!
Enjoy **GREAT** savings right in
your community!



COMOX VALLEY
2025 - 2026
www.greatlittlecouponbook.ca

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RESTAURANTS	
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A&W	1
2 for 1 Teen Burger® - valid 2 visits; 2 for 1 Bacon & Egger® - valid 2 visits	
COBS Bread Bakery	2
Buy 6pk scones get Free Loaf of Bread - valid 4 visits; 2 for 1 Loaf of Bread - valid monthly for the year!	
Dairy Queen	3
2 for 1 Sundae; 2 for 1 Peanut Buster® Parfait; \$5 Off any Cake; Free Double Stack Burger with Combo purchase - each offer valid one time	
Noodlebox	4
BOGO 50% off any Box - valid 2 visits; Kids Eat Free with purchase of a full size box - valid 2 visits	
Papa John's Pizza	5
Free Medium 2-topping pizza with purchase; Spend \$50 Save \$15 - each offer valid one time	
Pita Pit	6
BOGO 99¢ Pita - valid 2 visits	
Rhodos Coffee & Hangar 31 Cafe	7
Free Coffee with purchase of one (1) pound bag of freshly roasted coffee - valid 2 visits; 2 for 1 Coffee - valid 2 visits	
Taco Time	8
2 for 1 Taco - valid 4 visits	
The Old Farm Market	9
2 for 1 Gourmet Sandwich; 2 for 1 Ice Cream Cone - each offer valid one time	

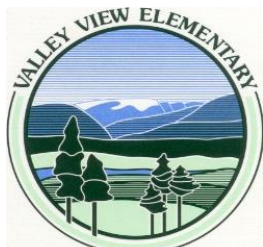
THANK YOU FOR YOUR SUPPORT!



COMOX VALLEY
2025 - 2026
www.greatlittlecouponbook.ca

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Triple O's Burgers	10
2 for 1 Original Burger - valid 2 visits; 2 for 1 Sunny Start; 2 for 1 Milkshake - valid one time	
SPORTS, ATTRACTIONS & MORE	
Page	
Bosley's	11
Spend \$25 Save \$10 - valid one time; 15% Off Toys & Supplies - valid 5 visits.	
Codes Country Lanes	12
Free Kids Bowling Games with purchase of an Adult Game - valid 2 visits	
Country Maples RV Resort	13
3 Nights for the Price of 2 - valid one time	
Glacier Kings Junior A Hockey	14
2 for 1 Hockey Ticket - valid one time	
Great Canadian Oil Change	15
\$10 Off any Oil Change Package - valid 2 visits	
SOS Gear	16
Spend \$100 Save \$25; Spend \$50 Save \$10 - each offer valid one time	
Sports and Aquatic Centres	17
2 for 1 Drop-in Admission - valid 4 visits	
The Park @ Crown Isle	18
2 for 1 Twilight Ball Golf Green Fee - valid 3 visits	
WildPlay Element Parks	19
\$10 Off Classic Adventure Course for up to 2 guests - valid 2 visits	
Coupon Book expires August 31, 2026 Conditions apply to offers, see book for details	



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Valley View Elementary School PAC Fundraiser

The Great Little Coupon Book

\$7.50 from each book sold directly supports our fundraising effort

Thank you for supporting Valley View PAC!

Please return all orders & payment to school by Friday, Oct 10

ORDER FORM					
STUDENT NAME:		TEACHER:			
NAME	ADDRESS	Purchaser's Telephone #	Total # of Books Ordered	\$15/Book PAID (✓)	Purchaser initials for books received

Sample book at the school front office to have a look at.

Please keep order form for student's use to collect & distribute orders.

Student's Name: _____ Teacher/Div: _____ / _____

Total number of books ordered: _____ X \$15/book = **TOTAL AMOUNT:** \$ _____

PAYMENT METHOD

☐ CASH

☐ CHEQUE Please make cheque payable to: Valley View PAC

Community partners:

The Strathcona Nordic Ski Club is excited to invite students and families in our community to a fun fall "Try it Out" event on **Saturday, October 25, from 10:00 am – 1:00 pm at Cumberland Village Park.**

This free event is open to everyone and is a great opportunity for young people to:



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- Learn more about cross-country skiing and the programs we offer
- Meet our coaches, club members, and volunteers
- Take part in fun activities designed for all ages and abilities
- Enjoy a complimentary lunch provided by the club (12–1 pm)

Puntledge River Hatchery Open House

The Puntledge River Hatchery is having an Open House on Sunday October 19th, it's a free family event where people can come and see what we do at the hatchery



Open House

The Staff of the
Puntledge River Hatchery

Invite you to a free event:

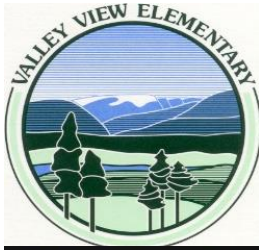
-  Journey behind the scenes.
-  View returning adult salmon.
-  Watch us sort and handle live fish.
-  Meet local community groups.

Sunday, October 19th
10 am to 3 pm

38 Powerhouse Road
(off Lake Trail Road) in Courtenay

Phone: 250-703-0907
For more information.

 Fisheries and Oceans Canada Pêches et Océans Canada



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**VOLLEYBALL
CO-ED YOUTH
CAMP**

FUNDRAISER
ISFELD SR BOYS
\$25
REGISTRATION

OCT 18TH
AT ISFELD

GR 5-6
9:00-11:00 AM

GR 7
11:30AM-1:30 PM

GR 8
2:00-4:00 PM

QR code for registration

Illustration of two children playing volleyball

Wishing you a wonderful weekend,

Michelle Mowbray, Principal – Valley View Elementary