

# VALLEY VIEW ELEMENTARY

# WEEK AT A GLANCE



## Happy 2026 to our Valley View Families!

There is nothing quite like the energy of students and families returning to school in January! Seeing their excitement as students reunited with friends and jumped back into school routines has truly warmed our hearts this week. We hope you had a chance to relax with your loved ones and enjoy the break.

We hit the ground running with some wonderful classroom activities, including a special visit on Friday when our primary grades had the "WILD" experience of learning Lacrosse from the **Comox Valley WILD** coaches. It was a treat for everyone who participated!

Div12 said goodbye to the wonderful Ms. Bolin on Friday, and we wish her all best for her maternity leave.

On Monday, we are excited to welcome Ms. Murray to our Div12 classroom. Having taught at Courtenay Elementary last year she brings great experience while Ms. Livingstone is a 

Court Is In Session - **Basketball** is back! The girls' team kicks off their first practice this Monday after school, while the boys' team has already had a practice. Thank you to the parent coaches for stepping up for the many students who signed up to play!

**Hot Lunch Launch**  The news you've been waiting for: our new Hot Lunch program officially begins on the 19th! Scroll down for the sign-up link and ordering instructions.

JAN  
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### Valley View Elementary School

Yolanda Lehton  
&  
Tamara Langan  
Valley View's administration team

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**Icy week with more cold weather on the way**



Thank you to everyone for taking extra care while driving and walking to school on those very slick and icy days this week. We will always do our best to get the sidewalks, stairs, and walkways salted before school starts. However, it's still slippery even when salted, so thank you for remembering to take good care out there.

For the ever-elusive possibility of a Snow Day, please check The Eagle, Instagram, or [the district website](#).



comoxvalleysd71

## ★ Next Two Weeks! ★

Mon Jan 12	Tues Jan 13	Wed Jan 14	Thurs Jan 15	Fri Jan 16
<ul style="list-style-type: none"> <li>• Welcome div 12's new teacher: Ms. Murray</li> <li>• K - Hearing tests</li> <li>• 2:40pm Girls' basketball practice</li> </ul>	<ul style="list-style-type: none"> <li>• 2:40pm Girls' basketball practice</li> <li>• Staff meeting</li> </ul>	<ul style="list-style-type: none"> <li>• SBT meeting</li> <li>• Earthquake Drill - 2nd last one</li> <li>• JOHSC meeting 2:45pm</li> <li>• 2:40pm Boys' basketball practice</li> </ul>		School Spirit Day! <ul style="list-style-type: none"> <li>• Dress like a Teacher/Student Day!</li> </ul>
Mon Jan 19	Tues Jan 20	Wed Jan 21	Thurs Jan 22	Fri Jan 23
<ul style="list-style-type: none"> <li>• Hot Lunch Program roll-out!</li> <li>• Grade 4 Symphony Field Trip</li> <li>• 2:40pm Girls' basketball practice</li> </ul>	<ul style="list-style-type: none"> <li>• Kindergarten Registration begins</li> <li>• Staff meeting</li> <li>• 2:40pm Girls' basketball practice</li> <li>• 6:30pm PAC meeting</li> </ul>	<ul style="list-style-type: none"> <li>• SBT meeting</li> <li>• 1st Girls' Away Basketball Game @Airport</li> <li>• 1st Boys Home Basketball Game vs. Airport</li> </ul>	<ul style="list-style-type: none"> <li>• possible 2:40pm Girls' basketball practice</li> </ul>	<ul style="list-style-type: none"> <li>• possible 2:40pm Boys' basketball practice</li> </ul>

### Upcoming dates to note:

- literacy week Jan 25<sup>th</sup> - Feb 1<sup>st</sup>
- weekly basketball games - see schedule below for Home & Away games
- Friday Jan 30<sup>th</sup> - monthly assembly at 10:45am
- Monday Feb 16<sup>th</sup> - Family Day, no school
- Tuesday Feb 17<sup>th</sup> - Pro-D Day, no school for students

## Kindergarten Registration begins Tues Jan 20<sup>th</sup>

Starting Tuesday, January 20th, please register your child for Kindergarten for September 2026 by clicking the online registration form: [www.comoxvalleyschools.ca/student-registration](http://www.comoxvalleyschools.ca/student-registration)

For detailed information regarding Kindergarten registration, as well as programs of choice information, please see the poster attached as well as our district website:

<https://www.comoxvalleyschools.ca/kindergarten-registration/>

While most, if not all, students living in a school's local catchment will be accommodated at that school, they cannot be guaranteed placement in the catchment area school and may be required to go to the nearest school having space available.



# Valley View Elementary

## Feeding Futures Universal Lunch Program

January 2026



### A NEW UNIVERSAL LUNCH PROGRAM IS HERE!

Starting January 19, 2026, a universal lunch program will be available at Valley View Elementary, giving every student the opportunity for nourishing lunch, every school day, regardless of their ability to pay.

Lunches are a suggested price of \$4 each. With support from provincial Feeding Futures funding, we are offering a pay-what-you can model. This means you can pay the full balance, nothing, or anything in between, whatever works for your family.

Please welcome Amber Johansen who has been hired by Comox Valley Schools to coordinate Valley View's lunch program!

### What is a Universal Lunch Program?

A universal lunch program ensures all students have equitable access to nourishing food, supporting better learning outcomes, focus, and overall well-being. By offering meals to all students, the program reduces stigma, encourages students to try new foods, and promotes food equity across the school community.

### How does pay-what-you-can work?

Payments are anonymous. All orders are processed together, and we only see the total amount collected - not individual payment amounts. While recovering food costs will support the long term sustainability of the program, the amount you choose to pay is entirely at your discretion.

### How will it work at Valley View?

Monthly menus will be posted online around the middle of the previous month. (For January 2026, online ordering will open on Monday January 12). Families will create a Munch a Lunch account, select the meals their student would like, make a payment at their discretion, and that's it! Meals will be delivered directly to students in their classrooms on the days they've ordered.

If you need support to place an order, please contact Amber Johansen - [amber.johansen@sd71.bc.ca](mailto:amber.johansen@sd71.bc.ca)

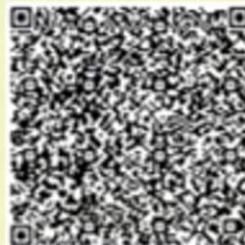
### Do I have to pay with a credit card?

Yes, currently, we can only accept online orders paid by credit card. If using a credit card is a barrier, you can select \$0.00 as your payment amount. Cash or cheque donations can be made separately, but they won't be connected to your account or lunch order.

**Questions?**  
**Email Amber Johansen at**  
**[amber.johansen@sd71.bc.ca](mailto:amber.johansen@sd71.bc.ca)**

### How do I place an order?

- Go to [www.munchalunch.com/schools/valleyview](http://www.munchalunch.com/schools/valleyview) to create an account.
- Click 'Register Here'
- Add each of your children and their classes (teacher name)
- Go through each menu day, making sure to 'Add' your selections to your cart.
- Click 'Finished' then 'Next' then 'Yes, this is correct' then 'Checkout'
- Complete the pay what you can page and submit your order



*"Food insecurity can be silent, universal meals take away the stigma, allowing all children to have access regardless of socioeconomic status"*

- Dr. Kimberly Montez



# Comox Valley Schools

## Kindergarten & Program Registration

### 2026/2027 School Year

### Opens Soon!

#### Neighbourhood Kindergarten

- Registration opens January 20, 2026
- \*\*Most families will register at their neighbourhood school

#### Other Programs

- French Immersion – Ecole Robb Road and Ecole Puntledge Park
- Montessori – Queneesh and Courtenay
- Indigenous K/1 – Aspen Park and Ecole Puntledge Park
- ENTER K-7 – Aspen Park
- Pathways Learning Community K-5 – Airport Elementary

\*\*Expressions of Interest Open January 13-16

#### Late French Immersion

- Ecole Puntledge Park

\*\*Expression of Interest open Jan. 26-30



LEARN MORE

[COMOXVALLEYSCHOOLS.CA/STUDENT-REGISTRATION](http://COMOXVALLEYSCHOOLS.CA/STUDENT-REGISTRATION)

#### Camp Homewood Return-It Bottle Fundraiser

- Please continue donating your beverage containers using either the QR code and Return-It app, or the account: [Valley View Elementary Grade 7 grad fundraiser](#).



The grade 7's [thank](#) you for your support!

# Court is in Session

## Parent Coaches for the Win!



We want to extend a huge thank you to our parent coaches, **Taylor Green** and **Luke Robinson**, for stepping up to lead our teams this year. The teams wouldn't exist without your support!

We also want to give a special shoutout to a group of our determined female players. Several of our girls took the initiative to recruit their own teacher sponsors, and thanks to their hard work, **Jessica Boss** and **Canda Monita** have graciously agreed to share the sponsorship role for the girls.

With 17 girls and 17 boys signed up, we have a fantastic season ahead of us. We can't wait to cheer everyone on and watch their skills grow on the court!

### Basketball schedules:

Girls will have a practice after school on Monday. Please follow up with your coach for extra practice options. Boys will have a practice on Wednesday.

Elementary Grade 6/7 Basketball Schedule 2026				
	BOYS SCHEDULE		GIRLS SCHEDULE	
Week	Home	Away	Home	Away
Office on the web Frame		Cumberland	Cumberland	Aspen Park
Week 1 January 21	Brooklyn	Robb Road	Robb Road	Brooklyn
	Puntledge Park	Huband Park	Huband Park	Puntledge Park
	Miracle Beach	Lake Trail	Lake Trail	Miracle Beach
	Queneesh	Au Coeur-de-L'Ile	Gaglardi	Queneesh
	Valley View	Airport	Airport	Valley View
Week 2 January 28	Airport	Queneesh	Queneesh	Airport
	Cumberland	Valley View	Valley View	Cumberland
	Puntledge Park	Miracle Beach	Miracle Beach	Puntledge Park
	Huband Park	Au Coeur-de-L'Ile	Au Coeur-de-L'Ile	Huband Park
	Robb Road	Aspen Park	Aspen Park	Robb Road
	Lake Trail	Brooklyn	Brooklyn	Lake Trail
Week 3 February 4	Valley View	Queneesh	Queneesh	Valley View
	Miracle Beach	Airport	Airport	Gaglardi
	Puntledge Park	Au Coeur-de-L'Ile	Au Coeur-de-L'Ile	Puntledge Park
	Huband Park	Brooklyn	Brooklyn	Huband Park
	Robb Road	Cumberland	Cumberland	Robb Road
	Aspen Park	Lake Trail	Lake Trail	Aspen Park
Week 4 February 11	Miracle Beach	Valley View	Valley View	Miracle Beach
	Au Coeur-de-L'Ile	Robb Road	Robb Road	Au Coeur-de-L'Ile
	Queneesh	Puntledge Park	Puntledge Park	Gaglardi
	Airport	Aspen Park	Aspen Park	Airport
	Brooklyn	Cumberland	Cumberland	Brooklyn
	Lake Trail	Huband Park	Huband Park	Lake Trail
Week 5 February 18	Queneesh	Huband Park	Miracle Beach	Queneesh
	Au Coeur-de-L'Ile	Miracle Beach	Gaglardi	Au Coeur-de-L'Ile
	Lake Trail	Puntledge Park	Puntledge Park	Lake Trail
	Aspen Park	Brooklyn	Brooklyn	Aspen Park
	Cumberland	Airport	Airport	Cumberland
	Robb Road	Valley View	Valley View	Robb Road
			Huband Park bye	

Here are the general guidelines for game play:

- All district players must adhere to the [District Student Code of Conduct](#)
- Participation and love of sports is more important than the score of the game!
- All players should be played equally
- Home teams provide a referee for the game
- Games times are 3:00 - 4:00 except at LT and Coeur de L'Ile which start at 3:15
- Games are played with size 6 balls and 10 foot hoops
- Half court defense only
- No ZONE defenses allowed

## A Note of Gratitude: Rainy Day Readiness

Thank you for helping keep our students 'outdoor ready!' We know West Coast weather requires extra preparation, and we are so **grateful** for the dry clothes, **touques**, extra socks, and rain gear you provide for your child(ren). These essentials help keep our explorers warm and focused once they return to their classroom.

### Outdoor Safety:

- High Winds: We monitor the [Beaufort Wind Scale](#). At Force 6 or higher, we move our outdoor time away from the forest for safety into the open field areas.
- Heavy Rain: During official [Atmospheric River Systems](#), students will remain indoors.



**Lacrosse takes hold at Valley View!**

Our Kindergarten through gr4 students had an absolute blast on Friday as guest coaches from The Comox Valley WILD took over the gym! The energy was electric as the kids dove into the action—learning to scoop, throw, and score! From the moment each student picked up their stick, to the final goal, the gym was packed with focussed energy, huge smiles, and newfound "WILD" spirit ending with the signature team cheers!

**If your child(ren) want to check out the sport a bit more, please check out their website for their Free Learn-to-Play Drop In Sessions coming up in February!**

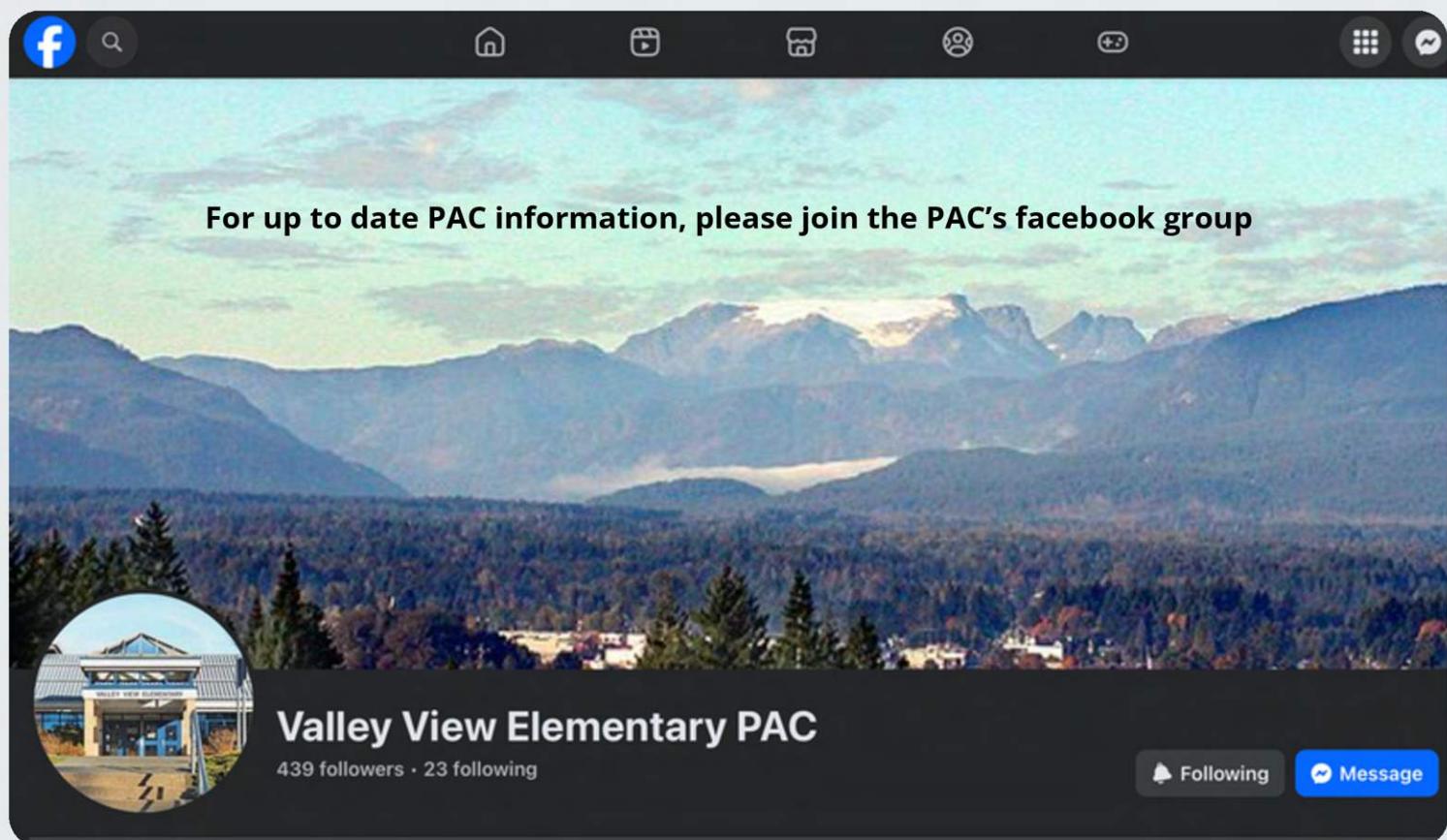
[comoxvalleywild.com](http://comoxvalleywild.com)

BIG shout-out to Valley View's WILD lacrosse players, Aikam and Logan, who helped their coaches run this introductory day for their fellow students all day!



- Fun Fact: Both Ms. Langan's children played lacrosse (& soccer) when they were in school.
- This pic is Ms. Langan's daughter and her friends at box lacrosse practice. 12yrs old
- if you have any questions about lacrosse please reach out to The Wild, or Ms. Langan.

# Parent Advisory Committee News



For up to date PAC information, please join the PAC's facebook group

**Valley View Elementary PAC**

439 followers • 23 following

[Following](#) [Message](#)

The image shows a Facebook post for the Valley View Elementary PAC. The post features a scenic background of mountains and a town. The profile picture is a photo of the school building. The post text encourages joining the PAC's Facebook group for up-to-date information. The Facebook interface is visible at the top, including the 'f' icon, search bar, and various navigation icons.

Next PAC meeting:  
Tues Jan 20<sup>th</sup> @ 6:30pm

Every parent/guardian is  
welcome to attend the  
PAC meetings

Come join us!

## In-Person Events

# Community Events

## Connect & Learn | for Parents & Caregivers

### Connecting with Our Kids When Anxiety Leads to Social Isolation

When kids spend a lot of time alone because of their anxiety, it can be frustrating and challenging for parents. Join us as Christine M. Yu, M.A., Registered Clinical Counsellor, and a parent talk about the hard stuff. Learn some strategies that can help us connect with our kids when they are socially isolated.



Register online at  
[familysmart.ca/events](http://familysmart.ca/events)

#### Details

This video presentation will be followed by a facilitated discussion by a Family Peer Support Worker in the Comox Valley.

#### LOCATION:

Mark Isfeld Secondary (multipurpose room)  
1551 Lerwick Rd, Courtenay  
The entrance is to the left of the main office doors.

**DATE:** Wednesday, November 19, 2025

**TIME:** 6:30 - 8:00 PM

**COST:** Free

This event is for parents/caregivers only, and we are not able to provide childcare.

#### Questions?

**EMAIL:** [megan.watson@familysmart.ca](mailto:megan.watson@familysmart.ca)

**PHONE/TEXT:** (250) 890-2393

For more information and to register, go to [familysmart.ca/events](http://familysmart.ca/events)

