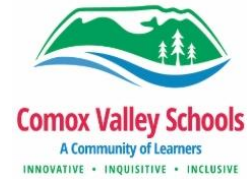




StrongStartBC



Traveling StrongStart Aspen School

BC Early Learning Program COVID-19 Site Procedures

Our school district follows the advice of the BC Centre for Disease Control and the StrongStart site procedures are based on the recommendations of the following documents:

- [COVID-19 Public Health Guidance for K-12 School Settings](#)
- [Provincial COVID-19 Health & Safety Guidance for K-12 Settings](#)
- <https://22.files.edl.io/009e/08/28/20/150110-ad19c489-de47-4d9a-b4e3-7b7ccaaf3419.pdf>

Families need to complete the [Daily Health Assessment for Children & Caregivers](#)

<https://www.comoxvalleyschools.ca/strongstart/>

each day BEFORE they arrive at the StrongStart Centre. If a child or an adult have any symptoms, they must not enter the school building.

Families will need to select ONE StrongStart program to attend.

Families will book a consistent weekly time slot for six weeks.

<https://www.comoxvalleyschools.ca/strongstart/>

Outdoor days do not require booking ahead of time. Because we are operating at limited capacity and limited hours, please consider only booking for a maximum of 2 days a week to allow for more families to attend.

Entering/Leaving the StrongStart Program

- Maintain physical distancing from other family groups while waiting for the program to begin
- Aspen School Use StrongStart Outside Door - office – leave stroller under cover at the entrance
- Wash hands or sanitize as soon as you enter the StrongStart Room
- Wash hands before leaving the StrongStart Room
- Leave the school property promptly once the program has finished

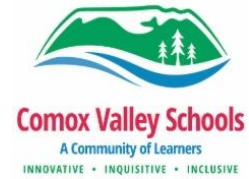
Hand Hygiene

Children and their caregivers should perform hand hygiene:

- When they arrive
- Before & after eating
- After using the toilet
- After sneezing or coughing into hands



StrongStartBC



- Whenever hands are visibly dirty
- After contact with body fluids (spit, runny nose, etc.)
- When they return to the StrongStart room after taking a break from the program

Masks

- Masks are recommended for adults while attending the StrongStart program
- Families are encouraged to bring their own masks
- Disposable masks will be provided as needed
- Masks are to be worn in all common areas such as school lobby and hallways

Physical Distancing

- Children do not need to physically distance from their caregivers
- Adults need to maintain physical distance from other adults and children in the program and the school
- Children will be encouraged to minimize physical contact with others as much as possible

Food & Drink

- Families will be offered a take-away snack at the end of the program.
- Families are encouraged to bring filled water bottles for their personal use.
- No sharing of food or drink with anyone who does not live in your household.

Bathroom Use/Change Tables

- Children and adults need to wash their hands after using the toilet
- Bathrooms and Change table
- Aspen School – Girls washroom across from Music Room.

Program Times

- Tuesday/Thursday - Aspen School: 9:30 – 11:00
- Friday: "Fresh Air Fridays" Outdoor Days posted on Traveling StrongStart Face Book. 9:30 – 11:00.
- StrongStart Centres follow the school calendar (closed on holidays and Pro-D days)

For more information and to register to attend a session, please visit:

<https://www.comoxvalleyschools.ca/strongstart/>