

# Career Life Education 8—Building Core Competencies Reflection

## COMMUNICATION

I chose the \_\_\_\_\_ assignment to show development of my **communication** skills.

This particular piece is a reflection of my communication skills because:

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Something I'm particularly proud of with this assignment is:

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Something I would do differently next time if I was working on a similar assignment is:

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Something I learned about myself through this assignment is:

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## Creative & Critical THINKING

I chose the \_\_\_\_\_ assignment to show development of my **thinking** skills.

This particular piece is a reflection of my communication skills because:

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Something I'm particularly proud of with this assignment is:

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Something I would do differently next time if I was working on a similar assignment is:

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Something I learned about myself through this assignment is:

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## Personal AWARENESS and RESPONSIBILITY

I chose the \_\_\_\_\_ assignment to show development of my **responsibility** skills.

This particular piece is a reflection of my communication skills because:

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Something I'm particularly proud of with this assignment is:

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Something I would do differently next time if I was working on a similar assignment is:

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Something I learned about myself through this assignment is:

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