**Module 1 Lesson 4 Assignment: Making First Impressions Count**

The video in Module 1 Lesson 4 gave several examples of the wrong way to make a right first impression:

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| * A weak handshake
 | * Keeping hands in the wrong position
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| * Chewing gum
 | * Avoiding eye contact
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| * Playing with your hair
 | * Choosing the wrong conversation topics
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| * Invading someone's personal space
 | * Making distracting noises
 |
| * Constantly checking your phone
 | * Forgetting people's names
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| * Being late
 | * Wearing the wrong attire
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**Assignment:**

1. Think back to a situation where you encountered someone new in your life who left a negative first impression. Describe the situation and what specifically happened to make it negative. Alternatively, think back to a situation where you felt you left a negative first impression on someone you had just met. What happened in the situation, and what would you do differently next time?

2. The above list of ways to make a negative first impression is by no means complete. List at least three things that people could do to create a negative first impression to add to the list above.

3. In 300-400 words, write a story between two people where a negative first impression is created. This could be a story about two people at a party, in a business meeting, someone receiving customer service in a coffee shop, or whatever scenario you can think of. Include at least five examples of how a negative first impression can be created within your story. Next, recreate the same story using positive examples of first impressions.