## Career Life Connections 10

Lesson - My DNA Journey

(adapted from NIDES CLC 10)

Big blea: Career-life decisions are influenced by internal and external factors, including local and global trends

Content: Connections with community:

- factors that both inform career-life choices and are influenced by them, including personal, environmental, and land use factors
- ways to contribute to community and society that take cultural influences into consideration

## How Do I See Myself In The World?

We all come from somewhere or have background from many places. How do you see yourself in this vast world of different people? What is your background? The video below presents a research experiment on DNA. It provides an interesting perspective on who we are as individuals and how we fit into society as a whole.

Watch Momondo - my DNA Journey -

https://www.youtube.com/watch?time\_continue=2&v=tyaEQEmt5ls

## After watching the video, "My DNA Journey" answer the following questions:

- 1. What conclusions can you draw from this video?
- 2. Does the DNA test change who you are? Why or why not?
- 3. Would you be curious to find out your true ancestry? Why or why not?