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**M1 Lesson 1: Who am I? Assignment**

Core Competencies:

|  |  |  |
| --- | --- | --- |
| * Communication | * Thinking | * Personal & Social |

Big Ideas:

* Career life choices are made in a recurring cycle of planning, reflecting, adapting and deciding.

Curricular Competencies:

* Communicate with the intent to highlight personal strengths, talents, accomplishments and abilities
* Explore and connect experiential learning both inside and outside of school with possible and preferred career-life pathways
* Explore and reflect on career-life roles, personal growth, and initial planning for preferred career-life pathways

**The DNA Journey**

Video: <https://www.youtube.com/watch?time_continue=1&v=tyaEQEmt5ls>

Assignment

After watching the video, "My DNA Journey" answer the following questions as a class or individually:

**1. What conclusions can you draw from this video?**

**2. Does the DNA test change who you are?  Why or why not?**

**3. Would you be curious to find out your true ancestry?  Why or why not?**

Assessment

(see next page)

