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**M4 Lesson 1: Professions, Jobs and Careers**

Core Competencies:

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| * Communication | * Thinking | * Personal & Social |

Big Ideas:

* Adapting to economic and labour market changes requires flexibility

Curricular Competencies:

* Use self-assessment and reflection to develop awareness of their strengths, preferences and skills
* Recognize and explore diverse perspectives on how work contributes to our community and society
* Appreciate the value of a network of resources and mentors to assist with career exploration

Lesson:

There are lots of different terms to know when it comes to the world of work. Words like job, occupation and career may seem similar, but actually all have different meanings.

Watch this video then go over the terms and complete the task in the document linked below.

Video: <https://www.youtube.com/watch?v=Ai7glfgaLnY>

Assignment

Please complete the attached assignment found in the portal examining the difference between jobs, professions and careers.

Assessment

(see next page)

