**HANDOUT [A] - MULTIPLE INTELLIGENCES QUIZ**

People are born with different abilities and different ways to be smart. These are called *Multiple Intelligences.* Take the quiz\* below to discover your multiple intelligences.

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| **Musical Smarts**  People who have this intelligence enjoy rhythm, beat, singing, and  playing instruments | **Yes** | **No** |
| I have a pleasant singing voice |  |  |
| I can tell when a musical note is off-key |  |  |
| I frequently listen to different types of music |  |  |
| I play a musical instrument |  |  |
| I often walk around with a song running through my mind |  |  |
| I know the tunes to many songs |  |  |
| I can hear a song in my head and reproduce it on a musical instrument without the sheet music |  |  |
| I often make tapping sounds or hum while studying or learning something new |  |  |

(\*Mr Galpern)

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| **Body Smarts**  This intelligence is about how much control you have over body  movements, balance, agility and grace | **Yes** | **No** |
| I participate in at least one sport or physical activity on a regular basis |  |  |
| I find it difficult to sit still for long periods of time |  |  |
| I like working with my hands by doing activities such as sewing, carving, model building |  |  |
| I frequently use hand gestures or other forms of body language when I am talking |  |  |
| I need to touch things in order to learn more about them |  |  |
| I enjoy daredevil amusement rides or similar thrilling physical experiences |  |  |
| I think I am well co-ordinated |  |  |
| I need to practice a new skill rather than read about it or watch a video describing it |  |  |

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| **People Smarts**  This intelligence is about person-to-person relationships: talking and  working with others, understanding them and how they behave. It is  also about sensing people’s moods and what they are thinking or feeling. | **Yes** | **No** |
| My friends come to me for advice |  |  |
| I prefer team sports, such as floor hockey, instead of solo sports, such as golf |  |  |
| When I have a problem, I usually talk to another person about it instead of working it out on my own |  |  |
| I have three close friends |  |  |
| I would rather play games like Monopoly with other people instead of watching T.V. or playing computer games by myself |  |  |
| I am comfortable in a crowd of people |  |  |
| I am involved in extra-curricular activities in school or in my community |  |  |
| I would rather spend time with my friends than stay at home |  |  |

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| **Self-Smarts**  This intelligence is about how well you understand yourself: who you are, what you feel, and why you are the way you are. This helps you have high self-esteem, and to solve personal problems. | **Yes** | **No** |
| I like to spend time alone thinking and reflecting about my life |  |  |
| I like to take quizzes that help me to learn more about myself |  |  |
| If I have a personal problem, I do not let it get me down. I solve it and get going. |  |  |
| I have goals for my life that I think about regularly |  |  |
| I consider myself to be very independent |  |  |
| I keep a personal diary or journal to record my thoughts about what happens to me |  |  |
| I often prefer to be alone than with a large group of people |  |  |
| I have a very clear idea of my strengths and weaknesses |  |  |

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| **Picture Smarts**  This intelligence is about how well you use the sense of sight, and create pictures in your head | **Yes** | **No** |
| I often see clear images when I close my eyes |  |  |
| I am good at co-ordinating colours |  |  |
| I frequently draw, use a camera or a video camera to record what I see around me |  |  |
| I enjoy doing jigsaw puzzles, 3D puzzles, and mazes |  |  |
| I can generally find my way around a new place |  |  |
| I like to draw or doodle |  |  |
| I can look at an object one way and imagine what it would look like from a different angle |  |  |
| I prefer reading books that have lots of diagrams and pictures |  |  |

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| **Word Smarts**  This intelligence is about the use of words and language, written and spoken. It also relates to how well you write, your vocabulary, and if you can speak more than one language. | **Yes** | **No** |
| Books are very important to me |  |  |
| I can hear words in my head before I read, speak or write them down |  |  |
| I get more out of listening to the radio that I do from watching television or videos |  |  |
| I enjoy playing games that involve words (crosswords, scrabble) |  |  |
| I enjoy entertaining myself or others with tongue twisters or puns |  |  |
| Other people sometimes stop and ask me to explain the meaning of a word I am using |  |  |
| English and Native Language are easier for me than Math and Science |  |  |
| I write stories or poems in my spare time |  |  |

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| **Logic Smarts**  This intelligence is the ability to solve logical problems and equations mentally. | **Yes** | **No** |
| I can easily compute numbers in my head |  |  |
| Math and Science are two of my favourite subjects in school |  |  |
| I enjoy playing games or solving brain teasers that require logical thinking |  |  |
| I am interested in new developments in science |  |  |
| I am good with computers and enjoy working on them |  |  |
| I like to do experiments and figure out how things work |  |  |
| I can easily see numerical patterns |  |  |
| I like to put things in order |  |  |

**HANDOUT [B] - RESULTS AND REFLECTION**

**[A] SCORE CARD:** Add up how many “yes” boxes you checked for each intelligence quiz and fill in the table. The three you receive the highest score in are your strongest multiple intelligences.

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| **Intelligence** | **Score (out of 8)** |
| Music Smarts |  |
| Body Smarts |  |
| People Smarts |  |
| Self Smarts |  |
| Picture Smarts |  |
| Word Smarts |  |
| Logic Smarts |  |

**[B] REFLECTION QUESTIONS:**

1. What are **your three strongest multiple intelligences**? Are you surprised? Why or why not?

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1. Give **THREE jobs/occupations** or **types of work** that would fit with your strongest multiple intelligences and explain why they relate. (Option: use [www.myBlueprint.ca](http://www.myblueprint.ca))

***Instructions for myBlueprint:***

1. Visit [www.myBlueprint.ca](http://www.myblueprint.ca), and enter your email and password to log in.
2. In the left hand navigation menu**,** click **Work** and select **Occupations**.
3. Explore occupations by typing a **keyword** or an **occupation name** in the search bar. Click the blue **Search** button.
4. Click on the three dots to the right of an occupation name that is of interest to you in the results list. Select the **Compare** option. Repeat this step for **three career options** and click **Compare** at the top of your screen to the right of the occupation names listed (the occupations you want to compare should be listed at the top of your screen).

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c) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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