

MY LIFE MAP

CAREER LIFE EDUCATION 10

Unlike a pirate using a map to search for a buried treasure, your life map will have countless twists and turns, ups and downs, and unexplored routes. In this assignment you will reflect on where your life map has taken you so far, and anticipate your preferred route to your destination!



Name: _____ Block: _____ Date: _____

Think about your life as far back as you can remember until today, sitting in this classroom. If you are anything like me, there have been highs and lows, many successes, as well as many wrong turns! Reflecting on your own skills, goals, learning styles, and self reflection, in this assignment you will think about some of the events that paved the path for where you are today, and more importantly, how you will use your identity to pave the path for your future!

Instructions:

1. Make a list of at least six events that have happened in your life so far from birth to today that you feel impacts the way that you live your life at this point. You should have rough dates for each of these events.
2. Now think of at least six events that you would like to happen in your life anytime after today. This can include any goals that you have such as education, family, travel, hobbies and passions - think about what you really want for yourself!
3. With your generated list of 12 (or more!) events in your life, create a colourful life map. Past events should be sequential depending on when they happened, and future events should have a goal date. Try to add as much detail as possible in terms of places, events, symbols, pictures and dates. The map does not need to be linear. Just like real life, your life will take many twists and turns, and your life map can reflect just that!

Assessment: your project will be assessed using the following rubric:

	Excelling	Achieving	Developing	Beginning	Incomplete
Thoughtfulness and Observations	Assignment shows exemplary examples of thoughtfulness and observations	Assignment shows good examples of thoughtfulness and observations	Assignment shows the development stages of thoughtfulness and observation	Assignment is in the beginning stages of showing thoughtfulness and observation	Assignment is not handed in / complete
Organization and Completion	All components of the assignment are complete as outlined	Most components from the assignment are complete as outlined	Some components from the assignment show attempts at being completed	Few attempts were made to complete the assignment components	No attempt has been made to complete the assignment
Critical Thinking	Content is rich, insightful analysis is evident, clear connects are made between the assignments and identity	Substantial evidence of analysis has been shown between the assignments and identity	The developing stages of analysis between the assignments and identity is shown	The beginning stages of connections are shown between the assignments and identity	No evidence of analysis or connections made between the assignments and identity

Extension Activity:

Now that you have had some time to reflect on how your past life events and future plans have impacted your identity and the way you live your life, thoughtfully answer the following questions:

1. What event or accomplishment are you most proud of on your life map? Why?

2. Are there any obstacles on your life map that were especially hard to overcome? What made them so difficult to overcome?

3. List at least three strategies that you use to manage the positive or challenging changes in your life:

4. Working towards your future goals, which of your skills do you feel will most benefit you moving forward in working towards those goals? What types of skills do you need to further develop?

5. Based on your learning style determined through the learning style assessment in MyBlueprint, how do you think your learning style will impact the way that you work with others? For example, an auditory learner will do so well listening to work out problems, and are traditionally good at written communication. How could you use your learning style to your benefit if you have taken an unknown route or a wrong turn on your life map? Take some time to think about your response 😊
