



My Personal Soundtrack Project

Career Life Education 10

Name: _____ Block: _____

Sometimes it is easier to see ourselves through the words of someone else. As a strategy for self assessment and reflection, you will be given the opportunity to combine two great things: music, and you! You will choose your own theme songs - an idea of how you choose to live your life in terms of your values, interests, personality, and motivations. Song lyrics can have a deep meaning; in this assignment, you will be asked to apply the following core competencies:

- *Communication*: acquire, interpret and present information
- *Critical Thinking*: analyze and critique
- *Personal Awareness and Responsibility*: personal values and choice, personal strengths and abilities

To be successful, you will have to interpret the meaning behind the lyrics and reflect the meaning to parts of your identity. You will make connections based on the theme or message of each song, not just one specific set of lyrics, and you will present your analysis in an effective format.

Requirements:

1. Choose 2-3 songs! The songs are entirely your choice, however they must be appropriate (for example, appropriate for both a preschooler and a grandparent to listen to), and the songs must be from different artists. Choose songs that really reflect you - do some research, don't just choose your favourite songs at this time. Choose songs that represents you - if your life were a movie, what songs would play each time you walk into a room?

What this does **NOT** look like:

"The song that I chose to represent me is Eminem's "Stan" because in the chorus, Dido, the featured artist sings:

'My tea's gone cold, I'm wondering why I got out of bed at all
The morning rain clouds up my window, and I can't see at all
And even if I could it'll all be gray, but your picture on my wall
It reminds me that it's not so bad, it's not so bad'

This reminds me of this morning as we live on Vancouver Island and it's really gray and gloomy outside. I slept in, so the tea that my mom made me went cold so I was really sad about it. But then, I looked up at my picture of Ryan Gosling, and I realized that all was good in the world!"

- Choose the format in which you want to present your analysis. You can type your responses in Microsoft Word, you could prepare a PowerPoint or Prezi, you could create a poster or a video, or write a newspaper article. Think past the usual, and showcase your responses in a way that reflects the song choice.

Please answer the following questions in your presentation:

- Describe each of your chosen songs (the artist, name of song, genre, year it was written, background information of the artist, any information you have on why the artist wrote the song)
- What are the moods and messages that the artist communicates?
- What are some of the specific lyrics that you can connect to? In what way do they relate to your self-concept, identity and values?
- Does this song represent how you currently choose to live your life, or how you want to live your life in the future? Use specific lyrics to strengthen your response.

Keep in mind the assessment rubric for this unit when completing this assignment. Have fun!

	Excelling	Achieving	Developing	Beginning	Incomplete
Thoughtfulness and Observations	Evidence shows exemplary examples of thoughtfulness and observations	Evidence shows good examples of thoughtfulness and observations	Evidence shows the development stages of thoughtfulness and observation	Evidence is in the beginning stages of showing thoughtfulness and observation	Evidence is not handed in / complete
Organization and Completion	All projects from the unit are complete as outlined	Many projects from the unit are complete as outlined	Some projects show attempts at being completed	Few attempts were made to complete the unit requirements	No attempt has been made to complete the unit requirements
Critical Thinking	Content is rich, insightful analysis is evident, clear connects are made between the assignments and self concept	Substantial evidence of analysis has been shown between the assignments and self concept	The developing stages of analysis between the assignments and self concept is shown	The beginning stages of connections are shown between the assignments and self concept	No evidence of analysis or connections made between the assignments and self concept
Unit Reflection (fill out once the unit reflection on the second page is finished)	Unit reflection shows exemplary evidence of communication and personal awareness	Admirable evidence of communication and personal awareness is shown in the unit reflection	Unit reflection shows the development of evidence of communication and personal awareness	Unit reflection shows the beginning stages of communication and personal awareness	Unit reflection is not complete