Career Life Education 8 – Starting to Network

This assignment will help you to start thinking the idea of networking and mentorship and the role that mentors can play in your career-life development and helping you with your own career-life goals. Choose three people in your life who could serve as professional, personal or extracurricular mentors and fill in the table below:

|  |  |  |
| --- | --- | --- |
| **PROFESSIONAL NETWORK** | **PERSONAL NETWORK** | **EXTRACURRICULAR NETWORK** |
| Name of potential mentor: |  | Name of potential mentor: |  | Name of potential mentor: |  |
| Best way to contact this person: |  | Best way to contact this person: |  | Best way to contact this person: |  |
| Why did you choose this person as a potential mentor: |  | Why did you choose this person as a potential mentor: |  | Why did you choose this person as a potential mentor: |  |
| Which of your goals could this person help you with? |  | Which of your goals could this person help you with? |  | Which of your goals could this person help you with? |  |
| What should you do in order to start or maintain a relationship with this person? |  | What should you do in order to start or maintain a relationship with this person? |  | What should you do in order to start or maintain a relationship with this person? |  |
| What else could you do to develop your professional network? |  | What else could you do to develop your personal network? |  | What else could you do to develop your extracurricular network? |  |