**Module 3 Lesson 1 Assignment: Reacquainting Ourselves With Our Goals**

Anything that we leave in a corner will gather dust, and in today's assignment, you will dust off your goals from last year take another look at your progress. Perhaps you have achieved or made great progress on your goals, and there is need to celebrate! Perhaps life got busy and you prioritized other things in your life ahead of these goals...that's okay too! And maybe these goals aren't relevant in your life anymore and it is time to start new ones. Either way, it's good practice to reacquaint yourself with your goals, as sometimes our memory needs a bit of jogging!

***Assignment****:*

1. Log into myBlueprint and under the "Home" sidebar, open "Goals".
2. Read through the goals you set last year, and either mark them as "Completed" - (yay you!) or edit them as needed. Please add to the time needed for you to complete your goal, and ensure you have at least three tasks to support your goal.
3. Make at least five goals for yourself for this school year. Your goals can support any category: educational, personal, physical, extra-curricular. It's up to you! Please make sure that your five goals have at least 3 tasks to support them.
4. When you are finished adjusting your goals, please compete a journal entry of approximately 500 words using the following guiding questions:
* When revisiting your goals, did you find that any were still in progress or completed? Did you find that your goals were still relevant to your life, or not?
* Briefly describe the goals and tasks you have set out for yourself this year. Are there any commonalities between your goals, or are they quite diverse?
* What do you think are the biggest challenges you have in conquering your goals?
* What advice would you give to a friend who was looking to achieve goals similar to yours?
* What habits do you think you need to change or make in order to support your goals?
* What is the best way to celebrate completed goals?

Always remember that good goals should require effort and perseverance in order to achieve. Don't ignore your goals; dust them off and revisit them often...they will help you on your career life journey!

**Email your teacher to let them know your goals section is complete in myBlueprint. Upload your Goals Journal Entry to your Grade 9 myBlueprint portfolio, as well as submitting it here.**