

#### Monday, December 18, 2023

#### **NEW**

- THIRSTY? NO CUP? NO GLASS? NO PROBLEM...The office has you! Highland now has stainless steel water bottles for sale for \$6.00 each. One Highland water bottle costs the same as two plastic water bottles from the vending machines. Think of how much money and plastic you will save. Come check them out!
- This week's FLEX rotation is Day 4: H, G, F, Lunch, E, Flex
- Any students who want to use the weight room. It will be supervised from 3:30-5 after school on Mondays and Fridays until the end of January.
- Any students interested in the Italy exchange for 2024-2025 and would like an information sheet, please come to room 202 and see Mr. Stevens
- Grade 8 boys basketball "A" team meet in the gym at 3 pm to prepare for today's game. B team is encouraged to come cheer on bleachers!
- Ms. Leslie's Grade 8 PE class please meet at 1:30 in gym foyer for the Field trip to WIP. If students do not have their permission slip/waiver signed they will go to PE in D block as usual and Join Mr. McRae's class.
- St. John Ambulance is looking for volunteers, they have two levels to join the youth group age 11 to 18 and adult which is over 18 but you may join the adult group at 16 with parents' permission. They meet once a week and then you volunteer through out the month. You receive first aid training through these programs. For more information, please see brochures in the Careers office.
- GRADE 9 Boys Basketball team WON their tournament on the weekend.... beating Isfeld in the final. Well done boys!
- Grade 9 Boys basketball team are playing a home game against Timberline today at 5.
- ISP Pizza lunch in MPR Wednesday.
- Model UN meeting today at lunch in room 205!

## **OLD NEWS**

- REMINDER Money lost in vending machines: The office will no longer be refunding money lost in the vending machines. If you lose money in the vending machines, please talk to the Ryan Vending Rep who is at the school on Tuesdays and Fridays at approximately 10:00 am.
- Grad and Highland Spirit Wear has arrived! Well, for most it has. Come to the office (accounting door) during break times to pick up. If you are one of the orders that has not yet arrived, it should be here by the end of the week!!
- Get into the spirit next week by dressing up in Festive, Winter, or Christmas gear. Monday Crazy Sock Day; Tuesday Dress Like a Gift (bows, ribbons, etc); Wednesday Holiday Sweater; Thursday Christmas Hat; Friday PJ Day. There will be a draw every day for a \$20 Tim Horton's gift card for those that dress up!

## **SPORTS**

# WORK EXPERIENCE

- Dual Credit opportunities still available for next semester: Early Childhood Education ECC 104 runs Feb to May Tues/Wed 3:45 to 6:45. Human Services SSW 121, runs Feb to May schedule TBA and will be after school hours. BIO 160, Anatomy & Physiology runs Jan to May Tues 4 to 7pm. If you are interested in any of these courses, please come to the career's office for more information.
- Dual Credit Digital Marketing online course, this is a certificate program that runs outside the school district, students register and pay \$350 (the program costs \$4000) and then we can register them in a 2 credit Work Force Training Certificate at a huge, discounted price. This is a great "side gig" job for students that can pay between \$25K- \$100K per year. Indeed has over 80 thousand jobs currently posted for this and students in the program will spend their final class in a face to face session being taught how to apply for positions and compiling a career portfolio.
- **ATTENTION BEAUTY CONSULTANTS:** Chatters hair and beauty salon is looking to hire beauty consultants!! Check out the flyer in the counselling area.



## **GRADS**

The Grad Class attire program welcomes all grade 12 students in Comox Valley Schools to have the opportunity to wear a gown or suit on graduation day without the financial burden of purchasing a brand-new outfit for their milestone event. Please see our website for more information.

### **Concession**

| Monday – Pizza   | Tuesday – Pizza         | Wednesday - Pizza |
|------------------|-------------------------|-------------------|
| Thursday – Pizza | Indigenous Leadership – |                   |