

# Monday, November 20, 2023

### **NEW**

- Grade 9 and 10 boys basketball tryouts will be tonight (Monday) and Wednesday from 5 pm-7 pm.
- Grad merchandise and Highland spirit wear is now available for purchase!! You have until November 24<sup>th</sup> to purchase. See Highland website for link.
- This week's FLEX rotation is Day 4: H, G, F, Lunch, E, Flex
- The Grad Class attire program welcomes all grade 12 students in Comox Valley Schools to have the opportunity to wear a gown or suit on graduation day without the financial burden of purchasing a brand-new outfit for their milestone event. Please see our website for more information
- Improv Schedule change for the next two weeks- Improv will be on Tuesdays at Lunch (November 21 & 28).
- Grade 8 Boys Volleyball Please come out and support the team in their last home game of the season against Lake Trail! Team members please leave class at 3:00 with teacher permission.
- Highland Economics 12 Students will be starting their business sales on Tuesday at lunch. Please come out and support the cash-only businesses!
- Grade 8 Girls Volleyball: We have a mandatory meeting at the beginning of lunch in Ms. Hale's room (113) before our game today.
- Shout out to the senior girls volleyball team for getting 4th at Islands this weekend. They battled hard against the first-place team in the semifinals, losing the fifth set 13-15. Congratulations on an amazing seasons girls!
- A Big Congratulations to Callie Blasco and Noah Lewall for competing in the Aquatics Provincial Championships on the weekend!

  Callie made the finals in all her events and placed 6th in the 50m freestyle, 8th in the 50m backstroke, and 8th in the 50m butterfly.

  Noah placed in the top 20 in the province for his 100m backstroke.
- Jr. Girls Basketball: practices this week are Monday 7-8:45pm, Wednesday 5-7pm and Friday 6:45-8am.
- Any students thinking of attending VIU baking, we are offering you a tour of the baking program, including a hands-on cookie decorating lesson with Chef Aron. If you would like to go, please sign up in the careers office. The tour is Nov 27<sup>th</sup> 7:30 to 3:00 cost is \$ 10 dollars.

#### **OLD NEWS**

Money lost in vending machines: The office will no longer be refunding money lost in the vending machines. If you lose money in the vending machines, please talk to the Ryan Vending Rep who is at the school on Tuesdays and Fridays at approximately 10:00 am.

### **SPORTS**

Grade 8 Girls Basketball: Our first practice will be Thursday Nov 23rd from 3:30-5:00. Please let Ms. Wilson if you would like to play on the team this year and are not able to attend our first practice. Stay tuned for future practice dates.

# **WORK EXPERIENCE**

- Any students interested in applying to the Marine Search and Rescue camp program please come to the career's office for more information and to sign up. Interviews are Nov. 30th.
- Any grade 10 to 12 students interested in the trades that would like to go tour NIC trades department Dec, 7<sup>th</sup> please come to the Career Office to sign up. This is a great opportunity to see the programs offered and experience what the class rooms are like at the College level.
- Any students interested in taking First Aid OFA level 1, we are offering the course January 16th. Cost is \$ 60 and it is based on a first come first serve. Please come to the Careers office to sign up.

# **GRADS**

- Attention all grads. Grad Quotes will be due December 1st for the courtesy of the yearbook staff and to ensure that your quote gets in the Yearbook. This year we will not be doing online submissions; we will be coming to your AG. We are also taking grad signatures to be displayed underneath your portrait. Start thinking about your quotes now.
- Grade 12's (11's): Are you thinking of going to VIU and would like to see what it is like there? Well then, you are in luck! We are doing our tour Dec 8<sup>th</sup>. Cost is \$10. It is a first come first serve for the three high schools. Please sign up in the careers office.

#### Concession

Monday – Pizza	Tuesday – Pizza	Wednesday - Pizza
Thursday – Pizza	- 5555	

NOTE!!!!! New Pizza Prices will be: \$3.00 each or 2 for \$5.00