

# UBC Health and Rural eMentoring BC present: Going Rural - Opportunities in Rural Healthcare

## Event details

- **Description:** Get information and resources to help you pursue your educational and career journey in rural healthcare.
  - Hear rural students' perspectives on getting into and succeeding in health professions schools and programs. Get tips on applying to schools and learn what it's like to be a student in dentistry, nursing, pharmacy, and medical school.
  - Learn what it's like to be a healthcare provider in a rural community.
  - Meet and chat one-on-one with admissions representatives from college and university health professions programs.
  - Chat one-on-one with students in health professions programs.
  - Play games, win prizes, score some swag!
- **When:** January 23rd 2024: 5-8pm Pacific Time Zone (doors open at 4:30).  
Choose which sessions to attend, or attend all of them!
  - **4:30-5pm Check-in**
  - **5-6pm Panel Session: Rural rotations and careers:** Hear from senior students about their experiences working in healthcare settings in rural communities. Learn about what different health professionals do day-to-day and how different professions work collaboratively.
  - **6-6:30pm Mixer session and virtual booths**
    - **Mixer session: Rural rotations** - meet students in health professions programs.
    - **Virtual booths** - visit virtual booths hosted by a variety of schools and programs from across BC.
  - **6:30-7:30pm Panel Session: Going to school for a healthcare career:** Hear from current health professions students from rural communities. Learn about the various educational pathways to different degrees, what school is like, and how these students made the transition from rural to urban.
  - **7:30-8pm Mixer session and virtual booths**
    - **Mixer session: Meet admissions representatives** - hear about different health professions programs in BC and how to gain admission into them.
    - **Virtual booths:** visit virtual booths hosted by a variety of schools and programs from across BC.
- **Where:** Online - ReMBC's Gather.town space. No need to download an app, just click on a link and you're there.
- **Who can attend:** High school, college, university students from a rural community or who are interested in rural healthcare.

**Free registration and learn more:** [www.ementoringbc.com/events](http://www.ementoringbc.com/events)

## BC Schools and Programs hosting virtual booths and attending “Mixer Session: Meet admissions representatives”:

- UBC health programs (Occupational therapy, physical therapy, pharmaceutical sciences, medicine, dentistry and dental hygiene, nursing), Okanagan College Health and Social Development programs, Vancouver Island University Health Sciences Programs, Coast Mountain College Health and Social Services Programs, Selkirk College Rural Pre-medicine Program, Northern Lights College Health and Human Services Programs, North Island College Rural Pre-health Program.

## Featured Panelists:

Rural rotations and careers panel session – 5-6pm

**Gabrielle Caillier** (she/her): UBC Master of Physical Therapy Northern Program, class of 2024.

- Gabrielle was born and raised in Prince George, BC and, prior to joining the Physical Therapy Program, completed a Bachelor of Health Science Degree at UNBC, majoring in Community and Population Health: Aboriginal and Rural Health. Gabrielle has worked at Kitimat General Hospital and Child Development Center, Prince George UHNBC IP Rehab and Prince Rupert Regional Hospital PRISM Clinic.
- **Career:** Physical Therapist

**Tara Luk** (she/her): UBC PharmD, class of 2021

- Tara was born and raised in Kitsilano/East Vancouver with no plans of ever working rurally. But she discovered the wider scope, larger impact, and lifestyle benefits of rural practice while on rotation in Port Alberni, Powell River, Penticton, and Dawson Creek during school. She is now a pharmacist in Fort St. John.
- **Career:** Clinical Pharmacist (Med-Surg/LTC)

**Seamus Damström** (he/him): UBC, Land and Food Systems, Dietetics Major Program

- Seamus is Oneida with Czech ancestry on his mother's side and Swedish and Irish ancestry on his father's side. He was born in Cranbrook BC and grew up in Terrace BC. His post-secondary journey led him to the College of the Rockies and UBC, during which he traveled across Northern BC with Northern Health. Throughout his journey of reclaiming his Indigenous identity, he has recognized the significance of food and Land in building relationships and strengthening connection between language and health.
- **Career:** Public Health Dietician in Population Health with Interior Health

**Carmela de Gracia-Patten** (she/her): BSc Kinesiology from UVic 17', MKIN from UBC 22'

- Carmela is from Nanaimo and is currently a Practicing Kinesiologist based in Terrace BC. She is the first example in British Columbia of Kinesiologist working in the Public Primary Care setting.
- **Career:** Kinesiologist in Primary Care

Going to school for a healthcare career panel session – 6:30-7:30pm

**Alisha Thapar** (she/her): UNBC Nursing 2023, UBC Northern Medical Program Year 1.

- Alisha was born in Quesnel, BC and graduated from UNBC with a Bachelor's of Science in Nursing (BScN). After working with many amazing physicians in the healthcare setting, she realized she wanted to become a physician as well, and was accepted into medical school.
- **Desired career:** Physician

**Alexis Magrath** (she/her): UBC Doctor of Dental Medicine (DMD) program Year 2.

- Alexis is originally from Prince George, BC. Midway through completing her Bachelors of Health Sciences from the University of Northern British Columbia, Alexis decided to pursue a career as a general dentist. She took one gap year between graduating and entering the DMD program at the University of British Columbia, during which she worked full time inside the local school district as a substitute teacher.
- **Desired career:** General dentist

**Mohamed Mamdouh Shubair** (he/him): UBC Northern Medical Program Year 2

- Mohamed is from Prince George, BC. After finishing his undergraduate university studies in Psychology, he worked as a counsellor for a couple of years. His time working in mental health inspired him to pursue a career that would allow him to be more involved in even more complex mental health care. Thus, he chose to apply to medical school to pursue a career in psychiatry.
- **Desired Career:** Psychiatrist

**Shae Lovely** (he/him): UBC Pharm-D Program Year 2

- Originally from Kamloops BC, Shae completed 3.5 years of undergraduate studies as a BSc – Chemistry major at TRU. Throughout his undergrad, he also worked as a community support worker primarily caring for youth/adults with autism and as a student researcher.
- **Desired career:** Clinical pharmacist at a hospital.

Questions?

[e.mentoring@ubc.ca](mailto:e.mentoring@ubc.ca)

We hope to see you there!